“Gender Matters: WRC Weekly Digest” for the week of Monday, January 18, 2016 through Sunday, January 24, 2016.

Academic Women’s Forum: The Daring Way
Tuesday, January 19, 2016 @ 3:30PM – 5:00PM
MSU Union Building, Lake Ontario Room (3rd Floor)

Facilitated by Lisa Laughman, Office of the University Physician/Health4U. Join us as we kickoff the semester with an overview and discussion around the concept of living and working “The Daring Way™”. We will be using the research of Dr. Brene Brown to help us explore how we would like to show up, be seen and live brave in 2016. Co-sponsored by the Employee Assistance Program/Health4U, Office of Faculty & Organizational Development, Graduate Student Life & Wellness and MSU Women’s Resource Center. RSVP to Health4U@msu.edu.

How to Repair Your Credit
Tuesday, January 19, 2016 @ 6:00PM – 7:00PM
MSU Federal Credit Union (Farm Lane Branch), 4825 E. Mt. Hope Road, East Lansing, MI 48823

Presented by Greenpath Debt Solutions. So you’ve pulled your credit report and you see there are issues, but what are the next steps? In this seminar we will discuss some strategies and ideas of how to address items that are on your report and other steps you can take to make improvements. We will also dispel some of the myths about credit repair and the companies that promise they can fix your credit for a fee. Co-sponsored by MSU Federal Credit Union and the MSU Women’s Resource Center. To RSVP, sign up at MSUFCU.org or by telephone at 517-664-7725.

WorkLife Balance: Fantasy or Reality?
Wednesday, January 20, 2016 @ 8:30AM—10:00AM or 3:30PM—5:00PM
Room 110 Chittenden Hall

Presented by Dr. Barbara Roberts, Executive Director, MSU WorkLife Office. As professional women, life can blend into work and work can overlap with life, sometimes in ways that feel unbalanced. Join us for an honest discussion around this matters, tips for success and a better understanding of how to strike a "balance" that works for you. Hosted by the Women’s Networking Association and MSU Women’s Resource Center. RSVP to the MSU Women’s Resource Center via email (wrc@msu.edu) or via telephone (517-353-1635) by Tuesday, January 19, 2016.

Balancing Work, Life, School & Leadership
Friday, January 22, 2016 @ 3:000PM—4:00PM
MSU Union Building, Lake Ontario Room (3rd Floor)
Presented by Connie Victor, President, Women’s Initiative for Leadership Development. Being a student leader means juggling multiple roles throughout each day. This workshop will feature tips and tricks for managing a busy schedule from a presenter who is a self-identified “compulsive over-committer.” Learn how to balance work, life, school and leadership in an already busy world. Hosted by the Women’s Initiative for Leadership Development and the MSU Women’s Resource Center. RSVP to the MSU Women’s Resource Center at wrc@msu.edu or 517-353-1635 by Thursday, January 21, 2016.

Questions? Contact the MSU Women’s Resource Center @ wrc@msu.edu or phone 517-353-1635. For additional information, events and programs, visit us online at: http://wrc.msu.edu.

“Advancing Gender Equity Through Education & Resources.” Gender Matters!