February 2016
MSU Women’s Resource Center
Sponsored and Co-Sponsored Events

Tuesday, February 2, 2016
“Academic Women’s Forum: Dialogue & Connection”
3:30PM—5:00PM
MSU Union Building
Lake Ontario Room (3rd Floor)
RSVP by email (health4u@msu.edu).
Co-Sponsored with EAP/Health4U, Office of Faculty & Organizational Development, Graduate Student Life & Wellness.

Thursday, February 11, 2016
“Income Tax Prep”
6:00PM—7:00PM
MSU Federal Credit Union
Farm Lane Branch, Community Room
4825 E. Mt. Hope Road, East Lansing, MI
RSVP at MSUFCU.org or call 517-664-7725.
Co-Sponsored with the MSU Federal Credit Union.

Did You Know?
February is ...
American Heart Month
Heart disease is responsible for 1 out of every 4 deaths in the United States.
Source: CDC

Tuesday, February 23, 2016
“Healthy Heart”
12:10PM—12:50PM
MSU Union Building
Lake Erie Room (3rd Floor)
Presenter: Judy Nash, WomenHeart
RSVP by email (wrc@msu.edu) or call 517-353-1635.

Did You Know?
February is ...
Black History Month
In 1967, leaders at Kent State University rallied to expand Black History Week into a month-long observance. In 1976, their efforts were formally recognized by the U.S. government.
Source: Kent State Libraries

Wednesday, February 24, 2016
“Strategically Bold: Overcoming Limits and Barriers”
Choose one of two sessions (8:30AM—10:00AM) OR (3:30PM—5:00PM)
Chittenden Hall, Room 110
Presenter: Regina Carey, Empowerment Coach
RSVP by email (wrc@msu.edu) or call 517-353-1635.
Hosted by the Women’s Networking Association.

Friday, February 5, 2016
“How to be Assertive without Seeming Aggressive”
3:00PM—5:00PM
MSU Union Building
Lake Ontario Room (3rd Floor)
Presenter: Angela Levack Michael, Assistant Director, MSU Recreational Sports & Fitness Services
RSVP by email (wrc@msu.edu) or call 517-353-1635.
Hosted by the Women’s Initiative for Leadership Development.

Tuesday, February 16, 2016
“Academic Women’s Forum: Responding to Microaggressions as Targets, Bystanders & Perpetrators”
3:30PM—5:00PM
MSU Union Building
Lake Ontario Room (3rd Floor)
Presenter: Dr. NICOle Buchanan, Associate Professor, Psychology
RSVP by email (health4u@msu.edu).
Co-Sponsored with EAP/Health4U, Office of Faculty & Organizational Development, Graduate Student Life & Wellness.

Tuesday, February 14, 2016
Valentine’s Day

Tuesday, February 10, 2016
“Income Tax Prep”
12:00PM—1:00PM
MSU Federal Credit Union
Farm Lane Branch, Community Room
4825 E. Mt. Hope Road, East Lansing, MI
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“Advancing Gender Equity Through Education & Access to Resources.”
GENDER MATTERS!

MSU is an affirmative action, equal opportunity employer.