
Academic Women’s Forum: Responding to Microaggressions as Targets, Bystanders & Perpetrators
Tuesday, February 16, 2016 @ 3:30PM—5:00PM
MSU Union Building, Lake Ontario Room (3rd Floor)

This session will equip participants with tools for responding to bias and microaggressions (i.e. brief exchanges, insults, comments or actions of discrimination based on a person’s identity characteristics). Develop skills for disrupting, confronting and/or coping with bias and microaggressions in the workplace. Presenter: Dr. NiCole Buchanan, Associate Professor, Psychology. To RSVP, email health4u@msu.edu. Co-sponsored by the Employee Assistance Program/Health4U, Office of Faculty & Organizational Development, Graduate Student Life & Wellness and MSU Women’s Resource Center.

Budgeting: Fine Over 50
Tuesday, February 16, 2016 @ 6:00PM—7:00PM
MSU Federal Credit Union – Farm Lane Branch Community Room, 4825 E. Mt. Hope Road, East Lansing, MI

Learn how to budget for things such as putting your kids through college, saving for retirement, new-found medical expenses, and more. Presented by Greenpath Debt Solutions. To RSVP, sign up at MSUFCU.org or by phone at 517-664-7725. Co-sponsored by the MSU Federal Credit Union and MSU Women’s Resource Center.

Upcoming Programs @ the MSU Women’s Resource Center:

Healthy Heart
Tuesday, February 23, 2016 @ 12:10PM—12:50PM
MSU Union Building, Lake Erie Room (3rd Floor)

Heart disease is one of the leading health concerns for women. As such, it is imperative that people are knowledgeable about this disease and how it differs between gender and race. This program will address these issues. Presenter: Judy Nash, WomenHeart. To RSVP, email wrc@msu.edu or call 517-353-1635. Sponsored by the MSU Women’s Resource Center and WomenHeart.

Strategically Bold: Overcoming Limits and Barriers
Wednesday, February 24, 2016 @ 8:30AM—10:30AM or 3:30PM—5:00PM
Room 110 Chittenden Hall

This seminar will teach participants to reprogram their thinking from complacency and coping to dynamic and daring! The strategies, which will be described and practiced, are a culmination of Regina Carey’s work as a learning specialist, educational consultant, and Empowerment Coach. From posture to purpose, participants will learn techniques for overcoming the “Imposter Syndrome” and gaining confidence and respect in the workplace. Hosted by the Women's Networking Association. To RSVP, email wrc@msu.edu or call 517-353-1635.

Questions? Contact the MSU Women’s Resource Center @ wrc@msu.edu or phone 517-353-1635. For additional information, events and programs, visit us online at: http://wrc.msu.edu.
**Other Event(s) of Interest:**

**MSU Campus Climate Study: Exploring Bias at MSU**
Survey available until Tuesday, February 29, 2016
http://inclusion.msu.edu/campus--climate--study
http://inclusion.msu.edu/campusclimatephotos
This survey should be completed by MSU undergraduate and graduate students. It will take between 20 and 40 minutes. Questions and/or comments should be directed to: Dr. Genyne L. Royal, Neighborhood Student Success Collaborative, royalgen@msu.edu.

**Excellence in Diversity Awards (EIDA) Ceremony & Reception**
Monday, February 15, 2016 @ 4:00PM
Kellogg Hotel & Conference Center, Big Ten A
All are welcome. No need to RSVP. Recipients in the following categories will be recognized:
- 2016 Excellence in Diversity Award
- 2016 Students Making A Difference through Artistic Expression
- 2015 International Student Essay Contest
- 2015 Multicultural Heroes Hall of Fame
- 2016 Researching the Dream: MLK Jr. Advancing Inclusion Through Research Award
- 2015-16 MLK, Jr. Student Scholarship

**Neighborhood Success Stories: “Study Skills and Test Taking Strategies”**
Monday, February 15, 2016 @ 6:30PM—7:45PM
Room 103 Erickson (Erickson Kiva)
Presented by Jasmine Lee, James Madison College. Join this session! Snacks will be provided, door prizes will be given away and all MSU students will be entered for a drawing to win a $200 Amazon gift card. Sponsored by the MSU Neighborhoods, College of Arts & Letters, College of Education, College of Natural Science, College of Social Science, James Madison College, and the Residential College in the Arts & Humanities.

**Dr. William G. Anderson Lecture Series: “Slavery to Freedom”**
Thursday, February 18, 2016 @ 5:00PM
Big Ten Room BC, Kellogg Hotel and Conference Center
Presented by though-provoking speaker, social commentator and academic, Cornel West. His work examines the crossroads of race, gender and class in American society. This lecture series is designed to give members of the mid-Michigan community opportunities for interaction with multicultural leaders from education, business, industry, entertainment and government. This series has featured living icons of the American Civil Rights Movement. Hosted by the College of Osteopathic Medicine. Sponsored by a number of on campus and off campus locations. For more information, email kilbourn@msu.edu or call 517-432-4979.

**Neighborhood Success Stories: “Stress Management for Success”**
Thursday, February 18, 2016 @ 6:30PM—7:45PM
Room 103 Erickson (Erickson Kiva)
Presented by Debra Duxbury, Olin Health Center. Join this session! Snacks will be provided, door prizes will be given away and all MSU students will be entered into a drawing to win a $200 Amazon gift card. Sponsored by the MSU Neighborhoods, College of Arts & Letters, College of Education, College of Natural Science, College of Social Science, James Madison College and the Residential College in the Arts & Humanities.