



DVD Library Collection available from the MSU Women's Resource Center:

America the Beautiful – Darryl Roberts

America the Beautiful uses the story of the rise and fall of a young model's budding career to examine our obsession with youth and beauty and the damage that occurs when women try to live up to impossible standards of physical perfection. The film chronicles the story of a twelve-year-old who suddenly finds herself "discovered" by fashion mavens such as Marc Jacobs and Tommy Hilfiger and becomes an overnight modeling sensation. But as the fickle fashion world loses interest, the young girl irrationally begins to see herself as unattractive and fat. Director Darryl Roberts takes us on a five-year journey to understand the uniquely American phenomenon of being conditioned to not like the way we look, and in doing so uncovers the ugly truth behind the fashion and beauty industries.

Angels Can't Help But Laugh – Terri J. Vaughn

Actress Terri J. Vaughn sits down with 25 of Hollywood's African-American actresses to discuss how they deal with being in today's entertainment industry. While media floods unrealistic ideas to the general public about these women, this documentary allows viewers a candid, unscripted exposure into the minds and hearts of these actresses. Ms. Vaughn sincerely removes these women from the characters we know, and reveals the essence of real women. These actresses open up to talk about their fears, disappointments, successes, families, and careers. The state of "Black Hollywood" is in a serious quandary, and these women hold no tongues when discussing their plights and obvious issues that are often quieted. Yet in that same moment of seriousness, each actress is able to relish in the splendor they bring to our television and film screens.

Hip-Hop: Beyond Beats & Rhymes – Byron Hurt

Hip-Hop: Beyond Beats & Rhymes provides a riveting examination of manhood, sexism, and homophobia in hip-hop culture. Director Byron Hurt, former star college quarterback, longtime hip-hop fan, and gender violence prevention educator, conceived the documentary as a "loving critique" of a number of disturbing trends in the world of rap music. He pays tribute to hip-hop while challenging the rap music industry to take responsibility for glamorizing destructive, deeply conservative stereotypes of manhood. The documentary features revealing interviews about masculinity and sexism with rappers such as Mos Def, Fat Joe, Chuck D, Jadakiss, and Busta Rhymes, hip-hop mogul Russell Simmons, and cultural commentators such as Michael Eric Dyson and Beverly Guy-Sheftall. Critically acclaimed for its fearless engagement with issues of race, gender violence, and the corporate exploitation of youth culture.

Breaking Our Silence – Gloucester Men Speak Out Against Domestic Abuse

This 11-minute documentary gives insight into the activist efforts of a group of men in the town of Gloucester, MA. Using footage from anti-violence marches and centering on community men speaking out against violence and domestic abuse, this video is an effective case study of how men can come together to challenge the violent construction of masculinity. With its focus on taking action to make change, *Breaking Our Silence* is an excellent case study of the theories presented in MEF's *Tough Guise*.

Cultural Criticism & Transformation – bell hooks

bell hooks is one of America's most accessible public intellectuals. In this two-part video, extensively illustrated with many of the images under analysis, she makes a compelling argument for the transformative power of cultural criticism. In Part One, hooks discusses the theoretical foundations and positions that inform her work (such as the motives behind representations, as well as their power in social and cultural life). hooks also explains why she insists on using the phrase "white supremacist capitalist patriarchy" to describe the interlocking systems of domination that define our reality. In Part Two, she demonstrates the value of cultural studies in concrete analysis through such subjects as the OJ Simpson case, Madonna, Spike Lee, and Gangsta rap. The aim of cultural analysis, she argues, should be the production of enlightened witnesses - audiences who engaged with the representations of cultural life knowledgeably and vigilantly.

Cut From Different Cloth: Burqas & Beliefs – Cliff Orloff and Olga Shalygin

In 2005 filmmakers Cliff Orloff and Olga Shalygin returned to Afghanistan's northern city of Mazar-I-Sharif for the third time since the fall of the Taliban in 2002. Despite a growing network of Afghan friends and colleagues from their two prior visits, they had been restricted in their ability to meet freely with Afghan women. The all-covering burqa, the high-walled living compounds and cultural restrictions on women limited their access. Olga, a Pulitzer Prize-winning photojournalist, was puzzled why virtually all the Afghan women she saw still wore the burqa...even though security had greatly improved and a new constitution was adopted that granted women equal rights with men. Through Serena, a 27-year-old American woman, who is living with an Afghan family and their 27-year-old daughter Hasina, we are taken inside the walls that separate women from men. Serena becomes the eyes and ears of the filmmakers. Together, Serena, Hasina and Olga set out on a journey to learn what it means to be a woman in today's Afghanistan. As their journey progresses, Serena's desire to respect Afghan culture and tradition comes into conflict with her belief in universal rights for women. From interviewing child brides to women in prison, Serena comes to understand the risks Hasina and other Afghan women take to assert their rights.

The Circle: *Her only crime was being a woman* – Jafar Panahi

A woman gives birth to a baby girl. Little does she know, but she and her daughter are already unwanted. Three women are released from prison and their need for money leads them to take desperate measures. An unmarried woman seeking an abortion is rejected from her father's house by the violent threats of her brothers. Their crimes are vague, their guilt or innocence unimportant. Their paths cross, the suspense of their intrigues heightens. Their plights are often too tragically similar. The world is one of constant surveillance, bureaucracy and age-old inequalities. But this stifling world cannot extinguish the spirit, strength and courage of the circle of women.

Crash – Paul Haggis

This compelling urban thriller tracks the volatile intersection of a multiethnic cast of characters struggling to overcome their fears as they careen in and out of one another's lives. In the gray area between black and white, victim and aggressor, during the next 36 hours, they will all collide.

The Complete Blue Eyed – Jane Elliott

For over 30 years, Jane Elliott has been America's most highly acclaimed diversity trainer. Her powerful and controversial "blue eyed/brown eyed" exercise has had a life changing impact on thousands in schools, corporations and government. The original BLUE EYED, the definitive record of her technique, proved so powerful that it has been made into three separate versions so it could be conveniently used in any setting. No one who sees it will ever turn a blind eye to racism again.

Dreamworlds 3: *Desire, Sex & Power in Music Video* – Sut Jhally

Dreamworlds 3, the highly anticipated update of Sut Jhally's groundbreaking Dreamworlds 2 (1995), examines the stories contemporary music videos tell about girls and women, and encourages viewers to consider how these narratives shape individual and cultural attitudes about sexuality. With new narration and hundreds of up-to-date images, Dreamworlds 3 offers a unique and powerful tool for understanding both the continuing influence of music videos, as well as how pop culture more generally filters the identities of young men and women through a dangerously narrow set of myths about sexuality and gender. In doing so, it inspires viewers to reflect critically on images that they might otherwise take for granted.

Eyes On The Prize: *America's Civil Rights Movement* – PBS

Eyes on the Prize is an award-winning 14-hour television series produced by Blackside and narrated by Julian Bond. Through contemporary interviews and historical footage, the series covers all of the major events of the civil rights movement from 1954-1985. Series topics range from the Montgomery bus boycott in 1954 to the Voting Rights Act in 1965; from community power in schools to "Black Power" in the streets; from early acts of individual courage through to

the flowering of a mass movement and its eventual split into factions. When *Eyes on the Prize* premiered in 1987, The Los Angeles Times called it "an exhaustive documentary that shouldn't be missed." The series went on to win six Emmys and numerous other awards, including an Academy Award nomination, the George Foster Peabody Award, and the top duPont-Columbia award for excellence in broadcast journalism.

Eyes On The Prize: America's Civil Rights Movement (Episode 2: Fighting Back 1957-1962)
- PBS

Change and resistance to change, particularly as it relates to education, this episode covers the years 1949-1963.

Girl Rising – Richard Robbins

From Academy Award-nominated director Richard E. Robbins, *Girl Rising* journeys around the globe to witness the strength of the human spirit and the power of education to change the world. Viewers get to know nine unforgettable girls living in the developing world: ordinary girls who confront tremendous challenges and overcome nearly impossible odds to pursue their dreams. Prize-winning authors put the girls' remarkable stories into words, and renowned actors give them voice.

Half the Sky – Nicholas D. Kristof and Sheryl WuDunn

Half the Sky: Turning Oppression into Opportunity for Women Worldwide is a four-hour PBS primetime documentary film and national broadcast event inspired by the widely acclaimed book of the same name by Nicholas Kristof and Sheryl WuDunn. Filmed in 10 countries, the series follows Nicholas Kristof and celebrity activists America Ferrera, Diane Lane, Eva Mendes, Meg Ryan, Gabrielle Union and Olivia Wilde on a journey to tell the stories of inspiring, courageous individuals. Across the globe oppression is being confronted, and real meaningful solutions are being fashioned through health care, education, and economic empowerment for women and girls. The linked problems of sex trafficking and forced prostitution, gender-based violence, and maternal mortality — which needlessly claim one woman every 90 seconds — present to us the single most vital opportunity of our time: the opportunity to make a change. All over the world women are seizing this opportunity.

In Women's Hands: A film on Women, HIV, and Hope – Tom Donohue and Connie Rinehart

Filmed in several locations across the world, this short documentary is a tool for organizing and creating awareness around the increasing rates of HIV and sexually transmitted infections among women and the importance of advocacy for microbicides. The personal stories portrayed in *In Women's Hands* speak to the need for microbicides and the importance for leadership on this issue.

Influence at Work: How to Build Effective Relationships and Allies – Carole Robin

In order to get your job done, it is necessary for you to influence people at all levels of your organization. You often need resources and information beyond your own unit, pay grade or department. Carole Robin describes how to use the law of reciprocity and the theory of exchange – paying for what you need or want by giving others what they need or want – to create allies and produce win/win solutions.

Iron Jawed Angels: Lead, Follow or Get Out of the Way – HBO Films

Taking a fresh and contemporary look at a pivotal event in American history, *Iron Jawed Angels* tells the true story of how defiant and brilliant young activists Alice Paul, played by Hilary Swank, and Lucy Burns, played by Frances O'Connor, took the women's suffrage movement by storm, putting their lives at risk to help American women win the right to vote.

Killing Us Softly 3: Advertising's Image of Women – Jean Kilbourne

Jean Kilbourne continues her groundbreaking analysis of advertising's depiction of women in this most recent update of her pioneering *Killing Us Softly* series. In fascinating detail, Kilbourne decodes an array of print and television advertisements to reveal a pattern of disturbing and destructive gender stereotypes. Her analysis challenges us to consider the relationship between advertising and broader issues of culture, identity, sexism, and gender violence. Includes a bonus 25-minute interview with Jean Kilbourne.

Land of O's: Competing Through Diversity (User's Guide)

Land of O's is the long-awaited follow-up to the world's best-selling video on diversity, *A Tale of "O"*. Because our workplaces and our society have become increasingly diverse, we are rapidly becoming a Land of O's. This breakthrough video addresses this new organizational phenomenon.

Mirrors of Privilege: Making Whiteness Visible – Shakti Butler

A brilliant documentary and a must-see for all people who are interested in justice, spiritual growth and community making. It features the experiences of white women and men who have worked to gain insight into what it means to challenge notions of racism and white supremacy in the United States.

Miss Representation – Jennifer Siebel Newsom

Like drawing back a curtain to let bright light stream in, *Miss Representation* (87 min; TV-14 DL) uncovers a glaring reality we live with every day but fail to see. Written and directed by Jennifer Siebel Newsom, the film exposes how mainstream media contribute to the under-representation of women in positions of power and influence in America. The film challenges the media's limited and often disparaging portrayals of women and girls, which make it difficult for women to achieve

leadership positions and for the average woman to feel powerful herself. In a society where media is the most persuasive force shaping cultural norms, the collective message that our young women and men overwhelmingly receive is that a woman's value and power lie in her youth, beauty, and sexuality, and not in her capacity as a leader. While women have made great strides in leadership over the past few decades, the United States is still 90th in the world for women in national legislatures, women hold only 3% of clout positions in mainstream media, and 65% of women and girls have disordered eating behaviors. Stories from teenage girls and provocative interviews with politicians, journalists, entertainers, activists and academics, like Condoleezza Rice, Nancy Pelosi, Katie Couric, Rachel Maddow, Margaret Cho, Rosario Dawson and Gloria Steinem build momentum as Miss Representation accumulates startling facts and statistics that will leave the audience shaken and armed with a new perspective.

Nine From Little Rock – Charles Guggenheim

Nine from Little Rock chronicles the Arkansas school integration crisis and the changes wrought in subsequent years. The film profiles the lives of the nine African-American students who integrated Little Rock Central High School during the fall of 1957 and documents the perspective of Jefferson Thomas and his fellow students seven years after their historic achievement. Central to this story is their quiet but brave entrance into Little Rock High, escorted by armed troops under the intense pressure of the onlooking crowd. We learn firsthand their impressions of the past and present and their hopes for the future.

Playing the Game 2 – Dr. Robin Sawyer

A remake of the award-winning 1991 film, *Playing the Game 2* explores the issue of sexual assault and date rape. Chris thought he'd had a terrific evening . . . Jenn thought she'd been raped. Whose perception is accurate? Intended for college and high school students, *Playing the Game 2* was written and produced by Dr. Robin Sawyer, an Associate Professor at the University of Maryland's School of Public Health, and a nationally known expert on sexual violence among college students and student-athletes. Without pointing fingers of blame, this dramatic film explores the dynamics of sexuality, dating, communication and alcohol use in a manner intended to provoke a meaningful discussion between participants.

The Purity Myth: The Virginty Movement's War Against Women – Media Education Foundation

This alternately hilarious and infuriating new film adaptation of pioneering feminist blogger Jessica Valenti's bestselling book makes a powerful case that evangelical Christians, right-wing politicians, and conservative activists have been using irrational fears around young women's sexuality to undermine women's autonomy and roll back women's rights. In a wide-ranging analysis that moves from 'purity balls' and the abstinence movement to right-wing attacks on Planned Parenthood and women's reproductive health care, Valenti targets the persistent patriarchal assumption that men know what's best for women -- and that a woman's worth depends on what she does, or does not do, sexually. The result is a timely and clarifying look at

the relationship between women's equality, women's sexuality, and a reactionary political movement that is working on multiple fronts to undermine both. Ideal for courses in women's studies, women's health issues, gender studies, and contemporary politics.

Slim Hopes – Jean Kilbourne

Jean Kilbourne's award-winning video offers an in-depth analysis of how female bodies are depicted in advertising images and the devastating effects of those images on women's health. Addressing the relationship between these images and the obsession of girls and women with dieting and thinness, *Slim Hopes* offers a new way to think about life-threatening eating disorders such as anorexia and bulimia, and a well-documented critical perspective on the social impact of advertising. *Slim Hopes* is a lively and engaging program suitable for a wide range of audiences at high schools, colleges and universities. Using over 150 ads, it informs as it entertains, allowing viewers to build an analytic framework for considering the impact of advertising on women's health.

Telling Amy's Story – Penn State University

"There are only three possible outcomes in an abuse relationship: either the batterer is going to STOP the abuse, or the victim is going to LEAVE that relationship, or someone is going to DIE." – Detective Deirdri Fishel, State College (PA) Police Department. Actress and advocate Mariska Hargitay and Detective Deirdri Fishel present an emotional story about America's pervasive and largely unreported epidemic – domestic violence. *Telling Amy's Story* is based on a timeline of events leading up to a domestic violence homicide that occurred in central Pennsylvania in 2001. You can help in the fight to end domestic violence. Use *Telling Amy's Story* as a catalyst for discussion. Every individual in every community can be a part of the solution.

Tough Guise 2: Violence, Manhood and American Culture – Jackson Katz

In this highly anticipated update of the influential and widely acclaimed *Tough Guise*, pioneering anti-violence educator and cultural theorist Jackson Katz argues that the ongoing epidemic of men's violence in America is rooted in our inability as a society to move beyond outmoded ideals of manhood. In a sweeping analysis that cuts across racial, ethnic, and class lines, Katz examines mass shootings, day-to-day gun violence, violence against women, bullying, gay-bashing, and American militarism against the backdrop of a culture that has normalized violent and regressive forms of masculinity in the face of challenges to traditional male power and authority. Along the way, the film provides a stunning look at the violent, sexist, and homophobic messages boys and young men routinely receive from virtually every corner of the culture, from television, movies, video games, and advertising to pornography, the sports culture, and US political culture. *Tough Guise 2* stands to empower a new generation of young men -- and women -- to challenge the myth that being a real man means putting up a false front and engaging in violent and self-destructive behavior.

What A Girl Wants – Media Education Foundation

During the Spring of 2000, eleven girls aged 8 to 16 from a variety of socio-economic backgrounds and two classrooms of middle and high school students were interviewed about their views on media culture and its impact on their lives. Their insightful and provocative responses provide the central theme of the film, a half-hour examination of how the media represents girls. Juxtaposing footage culled from a typical week of television broadcasting with original interviews, *What a Girl Wants* will provoke debate and, ideally, act as a catalyst for change in media content.

What's Morally Wrong with Homosexuality? – Dr. John Corvino

Is homosexuality unnatural? Does it threaten society? Are gays and lesbians “born that way” – and does it matter either way? In this provocative program, Dr. John Corvino tackles these questions and more. Combining philosophical rigor with sensitivity and humor, Corvino examines the most common arguments against same-sex relationships – including those based on nature, harm, and religion. In the process, he invites people on all sides to rethink easy assumptions about homosexuality and morality. This lecture is a “must see” for anyone concerned about this important issue.

What's Race Got to Do with It? Social Disparities and Student Success – Gwendolyn Dungy

What's Race Got to Do with It? chronicles the journey of a diverse group of students participating in a 15-week intergroup dialogue program at U.C. Berkeley. As the students share personal stories, debate hot topics, and confront one another about the role race plays in their lives, they make discoveries about their preconceived ideas and assumptions, and in so doing, help us begin to disentangle our own. The film goes beyond identity politics, celebratory history and guilt trips to help viewers “see through” achievement myths and create a safe space for open, honest exchange, particularly within educational environments.

When the Chips are Down: Strategies for Improving Children's Behavior – Richard Lavoie

Do you ever have days when the kids seem totally out of control? Do you find yourself falling into the same pointless arguments with your students or your children? Host Richard Lavoie, a nationally-known expert on learning disabilities, offers practical advice on dealing with behavioral problems quickly and effectively. He shows how preventive discipline can anticipate many problems before they start. And he explains how teachers and parents can create a stable, predictable environment in which children with learning disabilities can flourish.

14 Women: They're Women. They're Powerful. They're Senators – Screen Media Films

When the historic 109th Congress convened, the number of women in the Senate increased to an unprecedented 14. Now, their struggle to balance family and politics is chronicled in this heartwarming look at the most powerful women in America. A story of perseverance and poise, *14 Women* will inspire and uplift audiences of all ages!