"One Stop for Future Women Leaders"
Submitted by Janisse Martinez

Looking to ignite the leader in you? How about reading up on some leadership skills, or taking a leadership class? Interested in attending a one stop event to improve yourself?

Attending a leadership conference is the current trend, marking the change in young professionals. Conferences are becoming the one stop for young leaders, with most attendees getting inspired to write or create something new—a new product, expand an idea, or develop a thought leading to new initiatives to unfold.

What is Michigan State University offering?

The 11th annual MSU Women’s Leadership Conference is one of many conferences that offer a variety of resources to young women professionals in the Lansing community. The conference is hosted by the Women’s Initiative for Leadership Development (WILD) and the MSU Women’s Resource Center. This year’s conference will be held on Sunday, November 10, 2013, at the MSU Union between 12:00N and 6:30PM.

The conference has brought in close to 300 participants each year and continues to grow with notable keynote speakers and workshops. This year’s theme is “Mission: Live, Love, Lead.” Participants are offered various workshops, with topics such as “Tips for a Successful Transition from College to Career,” “Internships 101” and “Rape Culture and its Effect on People.” Most importantly, the conference registration fee is only $20 for MSU students, faculty and staff, and $40 for the general public (including MSU Alumni) with several financial scholarship opportunities for those in need.

Lydia Weiss, advisor of WILD, said the workshops are different each year. She said they are presented by different people from MSU and the community, including students, MSU faculty and local entrepreneurs. “That’s what’s great about the conference, you can attend several years but get a different perspective each time,” Weiss said. “I think (the conference is) really important because it’s a one-stop event that celebrates how far women have come, while learning new skills to take us to the next level.”

Why attend?

Young professionals should attend conferences such as the Women’s Leadership Conference to tighten or upgrade their personal and professional selves. You may have an opportunity to build potential partnerships and relationships that will help you personally or professionally. Many participants, including those of the Women’s Leadership Conference, have received answers to difficult or challenging questions that they may have not considered.

More companies and organizations have picked up on this trend and are asking their leaders to enhance themselves and learn about the latest trends to come back and share with their departments. As you participate in any conference, like the Women’s Leadership Conference, take advantage of all the opportunities that are presented to you. I ask that you step outside of your boundaries, open your mind to new ideas and challenge your abilities. Have the courage to ask a question, take a risk, and move outside of your comfort zone; the rewards could be immeasurable.

Take advantage of all that this conference has to offer. The wealth of knowledge that exists at the event comes from not only the presenters and speakers, but also from you as a participant! Your participation can add abundant value to the conference as well as your own learning experience today. Make your mark at the event and in others’ lives by stepping up and leading today.

Allison McClintick, this year’s keynote speaker, is a local entrepreneur, inspiration, dynamic speaker and leadership expert. She is a Leader Development Specialist and the CEO and owner of FlightLead, a veteran-owned training company based out of Lansing, Michigan.

Want to learn more?

Register for the conference by visiting http://wrc.msu.edu to learn more about the Women’s Leadership Conference or follow them on Facebook or Twitter @WomenleadersMSU.

“She’s a Leader Gender Matters!”
Women’s Resource Center

REMEMBER!
To turn your clocks back!
Sunday, November 3rd @ 2:00 AM
“MONEY DOESN’T GROW ON TREES
But its roots are in good decisions.”

A TIAA-CREF Financial Essentials Workshop

Learn how you can make your future flourish.

Join us on Wednesday, November 13, 2013
12:00N—1:30PM
MSU Union, Lake Huron Room (3rd Floor)

FREE and lunch will be provided!

Save your spot today!

RSVP by calling 1-800-732-8353
Monday—Friday, 8:00AM—8:00PM (EST)

OR online at: www.tiaa-cref.org/schedulenow

Feel free to invite a colleague who’ll enjoy this workshop!

Co-sponsored with TIAA-CREF Financial Services, MSU Family Resource Center, MSU Human Resources, the Women’s Advisory Committee for Support Staff, and the MSU Women’s Resource Center.

“MONEY ISN’T A DESTINATION
It’s how you reach one.”

A TIAA-CREF Financial Essentials Workshop

Postcards From the Future:
A Woman’s Guide to Financially Ever After

Financial knowledge for women nearing retirement.

Retirement is not as far away as you think! Learn what you can do to help make your retirement dream come true on schedule.

TIAA-CREF’s workshop leaders will share retirement strategies that work:

• Identify your “retirement vision” - how much you’ll need and when, so you can have the retirement you want
• Define the simple steps to getting your finances on track to reach your ideal retirement in 10 to 15 years
• Learn the unique characteristics of retirement plans from 403(b) to IRAs to annuities—and which work best for you

Join us on Tuesday, November 12, 2013
12:00N—1:30PM (Lunch Provided)

OR
4:30PM—6:00PM (Snack Provided)
MSU Union, Lake Huron Room (3rd Floor)
as we share experiences, develop new investing skills, and bring retirement into focus.

FREE and lunch or snack will be provided!

Save your spot today!

RSVP by calling 1-800-732-8353
Monday—Friday, 8:00AM—8:00PM (EST)

OR online at: www.tiaa-cref.org/schedulenow

Feel free to invite a colleague who’ll enjoy this workshop!

Co-sponsored with TIAA-CREF Financial Services, MSU Family Resource Center, MSU Human Resources, the Women’s Advisory Committee for Support Staff, and the MSU Women’s Resource Center.
Your Support is Appreciated!

Want to support young women leaders? Want to influence the future? Become a Friend of WILD!

The Women’s Initiative for Leadership Development (WILD) Committee is looking for supporters to provide scholarships for students to attend the MSU Women’s Leadership Conference. To become a Friend of WILD, supporters can sponsor the registration fee for a student. The cost is $20.00 per attendee and you can sponsor as many students as you like. All Friend of WILD sponsors will be recognized in conference materials and will know they’ve made a positive impact in the life of a young woman!

Checks should be made payable to MSU and can be sent to:

MSU Women’s Resource Center
49 Abbot Road, 332 MSU Union
East Lansing, MI 48824-1029
ATTN: Friends of WILD

If you have questions or would like more information, please contact conference advisor Lydia Weiss at weisslyd@msu.edu. We thank you in advance for your support!

Ask A Spartan / 问问斯巴达

Ask A Spartan is a Q&A app that enables people to ask questions about relationships, sexual health, mental health, and sexual identity in English or Chinese and have their questions answered by MSU experts from the MSU Counseling Center, MSU Sexual Assault Program, LGTB Resource Center, Olin Health Center, MSU Women’s Resource Center, Sexual Assault and Relationship Violence Prevention Program (SARV), Safe Place, and the Office for International Students and Scholars. The app was developed by Venturit and MSUglobal Knowledge & Learning Innovations.

The app was developed at MSU in response to the continued increase of Chinese international students enrolled at the University. Information regarding topics can be challenging for all students, but perhaps more so for students for whom English is not their primary language. Ask A Spartan aims to provide responses to questions on these topics so that students and members of the community have access to accurate information and resources.

If you have questions about Ask A Spartan, please contact Jayne Schuiteman, Ph.D., Associate Professor at Michigan State University and Interim Director of MSU Women’s Resource Center at Schuitem@msu.edu or (517) 353-1635.

“Ask A Spartan” App link: http://askus.msu.edu/ask-a-spartan

To learn more about Ask A Spartan go to the MSUAA Knowledge Network at: http://knowledge.network.alumni.msu.edu/ask-a-spartan/askaspartan.html

Register Today!
The Eleventh Annual
2013
Women’s Leadership Conference
Sunday, November 10, 2013
12:00N-6:30PM
MSU Union Building (2nd Floor)
Theme:
“Mission: Live, Love, Lead”

Speaker: Ms. Allison McClintick
Leader Development Specialist and the CEO and owner of FlightLead, a veteran-owned training company based out of Lansing, Michigan.

LIMITED SPACE STILL AVAILABLE! Register ONLINE at http://wrc.msu.edu and click on the “Events” tab. $20 for MSU students, faculty, staff, and 2013 conference presenters; $40 for general public, including MSU alumni. Includes t-shirt, lunch, keynote speaker Ms. Allison McClintick and a variety of workshops!

Registration Deadline: Tuesday, November 5, 2013 or until conference is full

For more information, visit: http://wrc.msu.edu/events.php?events

Sponsored by Women’s Initiative for Leadership Development (W.I.L.D.), MSU Women’s Resource Center, Residential Education and Housing Services, and the University Activities Board.

Check back often for additional pages of Wisdom, Words & Women

Breaking news, events, programs and more . . .
http://wrc.msu.edu

Did You Know?

Girls are actually less likely to reach adulthood because of gender discrimination. Tens of millions of girls have been aborted, killed, undernourished, or terribly neglected due to their gender.

**2013-14 Women’s Resource Center’s Men’s Advisory Council (WRMAC)**

Dr. Jayne Schuiteman and Lydia Weiss

We would like to introduce you to the 2013-2014 Women’s Resource Center Men’s Advisory Council (WRMAC). WRCMAC is a group of male identified individuals who occupy various staff and faculty positions within the University and who share the common appreciation of being thoughtful about masculinities and what it means to be male identified. Individuals involved with WRCMAC also understand their connections to women across the campus community and the roles men can play in achieving gender equity. The committee advises the staff in the MSU Women’s Resource Center on matters of gender as they are understood through men’s perspectives and experiences. They advise the Center regarding programming, publications, and resources pertaining to women, men, and all individuals along the gender identity continuum. WRCMAC is committed to gender and its intersections so that ALL people can reach their full potential as Michigan State University faculty, staff, and students. Gender equity is the primary goal of the MSU Women’s Resource Center and WRCMAC assists us in achieving that goal.

This year’s advisory board includes: John Beck, Human Resources and Labor Relations; Peter Briggs, Office of International Students and Scholars; Terrence Brown, Office of Admissions; Jerry Caldwell, Drew Laboratory; Steve Gold, Sociology; Vennie Gore, Residential and Hospitality Services; Matt Helm, Career Services and Placement; Dennis Martell, Olin Health Center; Jim Pignataro, Student Athlete Support Services; Leo Savala, Agriculture and Natural Resources; Rick Shafer, Student Life; Toby Ten Eyck, Sociology.

We are delighted and honored to have such a wonderful group of male identified advisors to our office. We look forward to the many thought-provoking and crucial conversations that will be born out of this advisory committee.

**Did You Know?**

Women are largely excluded from formal peace processes. Only 1 in 13 participants of peace negotiations since 1992 were women.

Source: Dosomething.org

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**Women’s Networking Association**

The mission of the Women’s Networking Association (WNA) is to connect women across campus through meaningful and empowering relationships. Providing an opportunity for women to network and support one another is an essential step for building women’s leadership at Michigan State University and in the Greater Lansing community.

Join us at the following meeting:

**“Just in Time Mentoring & Networking Blitz”**

Wednesday, November 20, 2013: 8:30AM—10:00AM OR 3:30PM—5:00PM at 301 Eppley Center.

Mentors can be the key to successful career development. This session will focus on establishing mentoring relationships and practicing networking skills.

RSVP to wrc@msu.edu or (517) 353-1635 (with “Networking” in the subject line)

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**November is National American Indian Heritage Month**

According to the Indian Health Services website, it took nearly a century of advocacy before National American Indian Heritage month was first recognized through joint resolution by Congress in 1990. Now recognized annually, November is a time to learn more about the history and heritage of Native American peoples.


Source: [http://www.ims.gov/publicaffairs/heritage/](http://www.ims.gov/publicaffairs/heritage/)

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**“Why I Need Feminism” Campaign**

Some people argue that we no longer need feminism or the women’s movement. Some of us disagree.

If you think feminism (or a gender equality movement) is still necessary, submit your photo response!

Starting September 9, 2013 photos will be posted on msu-wrc.tumblr.com!

Tell us why **YOU** need feminism!

Submit your photo response to weisslyd@msu.edu or msu-wrc.tumblr.com

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**Join us on Facebook:**

Search: MSU Women’s Resource Center

**Follow us on Twitter:**

www.twitter.com/MSUWRC

**Follow us on Tumblr:**

msu-wrc.tumblr.com

November 2013
Giving Thanks to Your Community

MSU WRC Staff

Thanksgiving is a time to give thanks for the many gifts you have in life. Our community has provided many of those things we are all grateful for. The MSU WRC urges all of our readers to thank their community this holiday season by volunteering, giving back, and helping those who may not be as fortunate.

Where Can I Help?

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<thead>
<tr>
<th>Organization</th>
<th>Phone</th>
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<tbody>
<tr>
<td>MSU Family Resource Center</td>
<td>432-3745</td>
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<td>MSU Student Food Bank</td>
<td>432-5136</td>
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<td>MSU Safe Place</td>
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<td>Advent House</td>
<td>485-4722</td>
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<td>Big Brothers, Big Sisters</td>
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<td>Black Child and Family Institute</td>
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<td>Boys and Girls Club of Lansing</td>
<td>394-0455</td>
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<td>Capital Area Literacy Coalition</td>
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<td>EVE, Inc.</td>
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<td>Cristo Rey Community Center</td>
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<td>Ele’s Place</td>
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<td>Gateway Community Services</td>
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<td>Greater Lansing Food Bank</td>
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<td>Greater Lansing Meals on Wheels</td>
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<td>Hannah’s House</td>
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<td>Haven House</td>
<td>337-2731</td>
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<td>Junior Achievement of Mid-MI</td>
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<td>Lansing Area AIDS Network</td>
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<td>Lansing City Rescue Mission</td>
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<td>Lansing Teen Challenge</td>
<td>484-6050</td>
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<td>Loaves &amp; Fishes Ministry</td>
<td>482-2099</td>
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<td>Old Town Commercial Association</td>
<td>485-4283</td>
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<td>MI Resource Center on Domestic Violence</td>
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<td>Mother Theresa House</td>
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<td>MSU Safe Place</td>
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<td>Refugee Development Center</td>
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<td>Ronald McDonald House</td>
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<td>Salvation Army</td>
<td>482-9715</td>
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<td>Sisters Maternity Center</td>
<td>490-5775</td>
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<td>Sparrow Volunteer Services</td>
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<tr>
<td>Women’s Center of Greater Lansing</td>
<td>372-9163</td>
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<td>YWCA Greater Lansing</td>
<td>485-7201</td>
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Community Days 2013!

The Successful Black Women of MSU (a registered student organization—RSO) is hosting a fundraiser again this year by selling Community Days Coupon Books good at Younkers, Herberger’s, Elder-Beerman, Carson’s, Boston Store, Bergner’s and BonTon. The Coupon Booklets have over $500 in exclusive coupon savings and are just $5.00 each. The coupons can be used for purchases made on Friday, November 15, 2013 (9:00AM-11:00PM) and Saturday, November 16, 2013 (6:00AM-11:00AM). Community Day Coupon Books can be secured by stopping by the MSU Women’s Resource Center (332 Union Building) or by contacting Ms. Keila Caldwell, Fundraising Chairperson, (CALWE122@msu.edu). For more about SBW, visit: http://wrc.msu.edu/documents/SuccessfulBlackWomen.pdf.

The mission of the MSU Student Food Bank is to provide supplemental food and necessities to MSU students and their families who are in need of this type of support.

Eligible students can receive canned vegetables, fruits and soup; pastas; cereal; rice and other items as they become available.**

DISTRIBUTION SCHEDULE

Fall 2013 to Spring 2014

Distributions are held on Wednesday evenings from 5:30PM to 7:30PM in the Olin Cafeteria (Olin Health Center, West Entrance) on the following dates:

**FALL 2013**
November 6 and 20—December 4

**SPRING 2014**
January 8 and 22—February 5 and 19
March 12 and 26—April 9 and 23

Please verify distribution dates by calling and listening to the outgoing message at (517) 432-5136.

Email questions to: foodbank@msu.edu

**Currently enrolled MSU undergraduate and graduate students who do not have an on-campus meal plan are eligible to use the Food Bank. Don’t forget to bring your MSU Student ID to every distribution you attend, and proof of current enrollment (bill stub, schedule, etc.) to the first distribution of each semester you attend.**

For more information, visit: https://www.msu.edu/~foodbank.
November Events


Tuesday, November 5, 2013: ELECTION DAY! Please remember to VOTE! And, remember to take your pictured identification!!

Tuesday, November 5, 2013: Investment Planning for Women. 6:00PM—7:00PM, MSUFCU (Farm Lane Branch), 4825 E. Mount Hope Road, East Lansing, MI. Learn the principles of financial planning as it pertains to your needs and concerns. Presented by Jose Yanez. RSVP at MSUFCU.org, e-mail pday@msufcu.org, or phone (517) 664-7725. Co-sponsored by MSUFCU and MSU Women’s Resource Center.

Wednesday, November 6, 2013: Budgeting 101. 12:00N—1:00PM, MSUFCU (Farm Lane Branch), 4825 E. Mount Hope Road, East Lansing, MI. Learn budgeting basics and how to reach your desired financial goals without creating new debt. Presented by GreenPath Debt Solutions. RSVP at MSUFCU.org, e-mail pday@msufcu.org, or phone (517) 664-7725. Co-sponsored by MSUFCU and MSU Women’s Resource Center.


Sunday, November 10, 2013: 11th Annual Women’s Leadership Conference! 12:00N—6:00PM, MSU Union—Ballroom (2nd Floor). For additional information, see article on page 1 or ad on page 3. You may also visit the MSU Women’s Resource Center’s website at: http://wrc.msu.edu to register and pay online.

Tuesday, November 12, 2013: Postcards from the Future: A Woman’s Guide to Financially Ever After. 12:00N—1:30PM (Lunch Provided) or 4:30PM—6:00PM (Snacks Provided), MSU Union Building—Lake Huron Room (3rd Floor). This program is designed for women within 15 years of retirement. Save your spot today! FREE! RSVP by calling 1-800-732-8353 or online at: www.tiaa-cref.org/schedulenow. For more information, see ad on page 2.

Wednesday, November 13, 2013: She’s Got It: A Woman’s Guide to Saving and Investing. 12:00N—1:30PM (Lunch Provided), MSU Union Building—Lake Huron Room (3rd Floor). This program is designed for women of all ages! Save your spot today! FREE! RSVP by calling 1-800-732-8353 or online at: www.tiaa-cref.org/schedulenow. For more information, see ad on page 2.

Thursday, November 14, 2013: Understanding Your Credit Report and Score. 12:00N—1:00PM, MSUFCU (Farm Lane Branch), 4825 E. Mount Hope Road, East Lansing, MI. Understand why your credit score is important and what factors may impact your score. Presented by Laura Hosey, MSUFCU. RSVP at MSUFCU.org, e-mail pday@msufcu.org, or phone (517) 664-7725. Co-sponsored by MSUFCU and MSU Women’s Resource Center.

Friday, November 15, 2013: MSUFCU Day at MSU Women’s Volleyball. 6:30PM—8:00PM, MSU’s Jenison Field House. 248 Jenison Field House, East Lansing. Enjoy MSUFCU Day at Jenison Field House as the MSU Women’s Volleyball team takes on Wisconsin at 6:30PM. MSUFCU members who show proof of membership will receive two (2) FREE tickets to the game! Doors open at 5:30PM to receive your two (2) FREE tickets. PLUS, visit MSUFCU’s table inside Jenison to pick up your FREE “green & white” gift.

Friday, November 15, 2013: The Shape of a Girl. 7:30PM, Wharton Center—Pasant Theatre. Age appropriate 12 to adult. Tickets $12.00. A play by Joan Macleod. Braidie, a teenager struggling both at home and in school, tells her story about making the tough choice between standing by while her best friend bullies another student or standing up for what’s right. For more information, see ad on page 8.

Wednesday, November 20, 2013: Women’s Networking Association’s “Just in Time Mentoring & Networking Blitz.” 8:30AM—10:00AM or 3:30PM—5:00PM, 301 Eppley Center. Mentors can be the key to successful career development. This session will focus on establishing mentoring relationships and practicing networking skills. Sponsored by the MSU Women’s Resource Center and the Eli Broad College of Business. To RSVP, see ad on page 4.

Thursday, November 21, 2013: How to Get a Business Loan. 6:00PM—8:00PM, MSUFCU (Farm Lane Branch), 4825 E. Mount Hope Road, East Lansing, MI. Why do some businesses get approved for a loan and others are denied? This program gives current or prospective small business owners insight into the criteria used by loan officers to evaluate a business loan request. A team of experts will explain the lending process, introduce SBA loan programs, and share real life examples of successful loan applicants. You will learn: What are the 3 things you absolutely must do before you apply for a business loan? What are the 5 criteria banks use to evaluate your loan application? Best suited to those seeking financing for their business, have good credit, a solid business idea, and some money to invest in the business. Presented by Tom Donaldson and Michelle Hanes. RSVP at MSUFCU.org, e-mail pday@msufcu.org, or phone (517) 664-7725. Co-sponsored by MSUFCU and MSU Women’s Resource Center.

Thursday & Friday, November 28-29, 2013: Thanksgiving Holiday—University Closed.
A New Name . . .

WOMEN’S ADVISORY COMMITTEE FOR SUPPORT STAFF (WACSS)

The Women’s Advisory Committee for Support Staff is an organization that advises the Executive Vice President for Administrative Services about issues that primarily affect women support staff. This group was formerly referred to as WACFO (Women’s Advisory Committee for Finance and Operations). For additional information, visit: http://www.adminsv.msu.edu/wacss/.

**Save The Date!**

**Global Fest 2013**

**Sunday, November 17, 2013**

12:00N—5:00PM, Brody Hall Complex

Travel the world in one day at Global Festival! Exhibits prepared by students about their homelands. Performances of cultural dances, songs and ceremonies. Global gift shop to purchase items from all over the world.

Admission is FREE for this wonderful family event!

40th Anniversary Lecture Series

**Where Are Michigan Women In Politics?**

Judy Karandjeff, VP of Advocacy for the League of Women Voters of Michigan & 2012 MWHOF Inductee

**Thursday, November 14, 2013**

5:30PM

Michigan Women’s Historical Center & Hall of Fame

For more information, visit: http://www.michiganwomenshalloffame.org/

The League of Women Voters of the Lansing Area

Presents

**Michigan’s Health Insurance Marketplace: Opportunities and Enrollment**

With Guest Speaker: Janet Olszewski, former Director of the Michigan Department of Community Health

**Tuesday, November 12, 2013**

7:00PM—8:30PM

Hannah Community Center
819 Abbot Road
East Lansing, MI 48823
517-333-2580

Ms. Olszewski will provide an overview of and lead a discussion on the Affordable Care Act and the **Health Insurance Marketplace in Michigan**. Topics covered will include what the program is, how it will affect consumers, and where to go for information about coverage, rates, and options.

**THIS EVENT IS FREE and ALL ARE WELCOME!**

For more information, contact Linda White, League of Women Voters Lansing Area, Health and Environment Director at: 517-410-8540 or whiteli@msu.edu. For directions to the Hannah Community Center, visit: http://www.cityofeastlansing.com/hannah

This event is sponsored by The League of Women Voters—Lansing Area.
SAVE THE DATE!

2nd Annual MSU Conference on Women’s Health Research

Friday, November 22, 2013
8:00AM—5:00PM
Check-In and Continental Breakfast
7:30AM—8:00AM

Kellogg Hotel & Conference Center
Big Ten Rooms, B&C

Registration is FREE but REQUIRED and (Includes refreshments and lunch)!

To REGISTER, please visit:
www.epi.msu.edu/bircwh

Sponsored by: MSU Building Interdisciplinary Research Careers in Women's Health (BIRCWH) Program.

Co-Sponsored by: MSU Obstetrics, Gynecology and Reproductive Biology; MSU Center for Gender in Global Context (GenCen), MSU Reproductive and Developmental Sciences Program (RDSP).

The Shape of a Girl
A Play By Joan Macleod
A Wharton Center Theatre Production

Friday, November 15, 2013 at 7:30PM
(Age appropriate 12 to adult—Pasant Theatre)
Tickets $12.00

Braidie, a teenager struggling both at home and in school, tells her story about making the tough choice between standing by while her best friend bullies another student or standing up for what's right. The Shape of a Girl is a dynamic one-woman play that examines the frightening realities of teenage relationships, aggression and a young woman’s battle with inaction. Originally inspired by a 1997 murder of a Canadian high school student, playwright Joan MacLeod's beautiful and tightly written play looks at the way little incidents of childhood cruelty can escalate, and the role an individual can have in stopping it.


For more information and/or to purchase tickets, visit:
www.whartoncenter.com/events/detail/the-shape-of-a-girl

Our Daily Work/Our Daily Lives Brown Bag Series

Friday, November 1, 2013
12:15PM—1:30PM, MSU Museum Auditorium
Beyond the Morning Bell: Women and Work in the Art of Winslow Homer. Speaker: Marie Louden-Hanes, Art Historian University of Findlay.

Friday, November 8, 2013
12:15PM—1:30PM, MSU Library, Room 449W
Beauty Shop Culture and the Labor of Hairdressing
Speaker: Candacy Taylor, Independent Scholar, Multi-media Ethnographer and current Archie Green award recipient at the American Folklore Center.

Both programs co-sponsored by the MSU Center for Gender in Global Context and the MSU Women’s Resource Center. For more information, contact John Beck at beckj@msu.edu.
28th Annual Women in the Arts (WITA) Festival

Friday, November 8, 2013 & Saturday, November 9, 2013

Edgewood United Church—
469 N. Hagadorn Road, East Lansing, MI

The Women in the Arts Festival (WITA) is a celebration of regional women artists that takes place during the second weekend of November each year in East Lansing, Michigan.

The festival features artists, musicians, poets, and other creative arts as a symbol of our commitment to support women in the creative pursuits. WITA is a volunteer-run organization with the goal of creating space for creative women to showcase their talents.

Doors open 5:00PM Friday, November 8
Friday Night Stage begins at 7:30PM featuring Kate Peterson & opening act Abigail Stauffer.

Saturday, November 9
1PM Open Mic
2PM Sistrum - Lansing's Women's Chorus
3PM Reader's Theater with Laurie Hollinger, featuring the work of and guest appearance by Carolyn Gage
5PM "Thunder," A film about Ferron

The WITA festival also features an "Artist's Market" with plenty of handcrafted items perfect for early holiday shopping. Also, enjoy some food and treats from Sistrum Cafe (Friday 5:30-7:30PM and Saturday 9AM-1:30PM and 3:00PM-7:00PM).

For more information, visit:
http://www.witafestival.com/

Live performances to promote relaxation and health

Music can be healing. Just listening to music can change your mood, calm your body, regenerate your mind and spirit.

The MSU College of Music, Community Music School, Abrams Planetarium, and Health4U have come together to present REST with Music, a series of monthly live musical performances to help you relax during your workday. Each month, we’ll be presenting different musical styles, genres, and traditions.


Take a musical journey to all corners of the globe as this distinctive group blends together the sounds of Native American, African, Celtic, Latin, and jazz music. The group will be playing various combinations of guitars, hand drums, Native American flutes, digeridoos, trumpets, and other instruments to create a unique World Beat sound.

For a complete performance schedule and to listen and learn more, visit:
http://health4u.msu.edu/rest/
Coaching For Job Seekers

WHAT: A group coaching opportunity for women seeking jobs.

WHERE: The Women’s Center of Greater Lansing—1710 E. Michigan Avenue, Lansing, MI 48912.

COST: Sliding scale, $1.00—$15.00/session. Pay what you can. Pay with your gratitude and energy and results!

WHEN: Monday evenings, 6:30PM—8:00PM

- November 11 & 18, 2013
- December 2, 9 & 16, 2013

WHY: The job search process can be tiring, draining, and lonely. Come get support and motivation to keep at it!

WHO: This group is facilitated by Julica Hermann, a local certified Life Coach with over 10 years of experience helping individuals and organizations achieve their dreams.

DETAILS: This 5-week drop-in group coaching program is designed to meet you where you are and support you in your job search process. (You need not attend all sessions, but you will benefit more if you do!). Join us for laser coaching in a safe and fun group setting that will get you off your tush and keep you motivated to do what you need to find or create that ideal job. Life coaching is inspiring and motivating—come see for yourself!

REGISTER: Women’s Center of Greater Lansing at (517) 372-9163.
**WRC Donation Drive**

_EVE™_ End Violent Encounters

Each year, WRC’s student group, the Women’s Initiative for Leadership Development (WILD), in coordination with the Women’s Leadership Conference, chooses to support a local organization that works with and supports members of the community. This year’s selected recipient is EVE, Inc. (End Violent Encounters). We are asking that MSU students, faculty, staff and community partners donate an item that will be given to support the efforts of EVE, Inc.

The mission of EVE, Inc. is to provide shelter and supportive services to victims of domestic violence while seeking to end domestic violence through public awareness and community education. For more information, visit: www.eveinc.org.

**Suggested items include:** 8 and/or 10 oz. cups for hot or cold liquid, binders and folders for school, journals, notebooks, and diapers (sizes 5 and/or 6).

**Accepting donations through November 29, 2013 at the**

MSU Women’s Resource Center

(49 Abbot Road, 332 Union Building, East Lansing, MI).

(517) 353-1635

Please drop off donations between the hours of 8:30AM—12:00N and 1:00PM—4:30PM Monday—Friday.

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Women's Initiative for Leadership Development

Women’s Resource Center

"Advancing gender equity through education and access to resources."

GENDE MATTERS!