Women’s History Month (WHM) was not always officially recognized; it took the hard work of activists to get a celebratory month dedicated to women’s history and their contributions toward society. The concept for WHM was originally derived from an already existing Women’s History Week — which occurred every year during the week of March 8 (International Women’s Day). It was not until 1986, when President Jimmy Carter approved the expansion of celebrating woman’s history into a full month.

These four activists recognized that women were essentially absent from textbooks and literature read in schools. According to their findings, only 3% of content was devoted to women. Additionally, girls had few role models in the media, which potentially led to the perception that women did not do anything important among the general population. The NWHP was passionate about devoting a special time to recognize women; and understood that was the first step in giving the appropriate acknowledgement to female trailblazers throughout history. As a result of this passion, the NWHP went to Congress and the White House, and convinced the nation’s leaders to celebrate and recognize women’s roles on an annual basis.

Currently, the NWHP conducts trainings for a wide range of people, delivers speeches, produces women’s history materials and have led national campaigns in celebrating women’s history. Their existence as an organization has expanded more than just gaining recognition, but they have actively been working toward the struggle of giving credit where it is due. For over 30 years, the NWHP has collectively written women back into the history books.

Sources:
History.com; Nwhp.org

MSU’s Award Worthy Women of 2015-2016 will be recognized in future issues of the MSU Women’s Resource Center newsletter, spanning throughout April and May. Congratulations Spartans! Go Green, Go White!

In this issue:
- MSU takes New Measures to Tackle Sexual Violence
- Interview with Title IX Coordinator
- The Matter of Life: Black Women and Violence
- Excellence in Diversity
- Prioritize Your Mental Health
- And much more . . .
Interested in receiving weekly e-mails about upcoming programs and events? To join the WRC Listserv, send an e-mail with the subject line “WRC Listserv” to wrc@msu.edu. Be sure to indicate your name and e-mail address.

Women’s Networking Association
*Spring Semester @ A Glance*
FREE and open to all! RSVP required.
Please call (517) 353-1635 or email wrc@msu.edu (with “Networking” in the subject line).

Wednesday, March 23, 2016: “WorkLife Balance: Fantasy or Reality?” Choose one of two sessions: 8:30AM—10:00AM, Chittenden Hall, Room 110, OR 3:30PM—5:00PM, MSU Union, MOSAIC: Multicultural Unity Center (2nd floor). As professional women, life can blend into work and work can overlap with life, sometimes in ways that make us feel unbalanced. Join us for an honest discussion with the new Executive Director of the MSU WorkLife Office, Dr. Barbara Roberts. Leave with tips for success and a better understanding of how to strike a “balance” that will work for you.

Wednesday, April 27, 2016: “Communication & Conflict Resolution.” Choose one of two sessions: 8:30AM—10:00AM, Chittenden Hall, Room 110 OR 3:30PM—5:00PM, MSU Union, MOSAIC: Multicultural Unity Center (2nd floor). Have you ever experienced a breakdown in communication at work? At home? Both? Miscommunication and gender bias in communication can be major causes for conflict in the workplace. Dr. William Donohue, MSU Department of Communication, will provide tips and skills for successfully communicating and resolving conflicts at work to help you be a leader in positive and effective communication.

The mission of the Women’s Networking Association (WNA) is to connect professional women across campus through meaningful and empowering relationships. Providing an opportunity for women to network and support one another is an essential step for building women’s leadership at Michigan State University and in the Greater Lansing community.

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**CALLING ALL WOMEN!**

The students at the MSU Women’s Resource Center were inspired by the efforts of people like the creator of “Humans of New York” and MSU student Hannah Brenner to start a photography series titled, “MSU Women of Excellence.” We are looking to photograph various women at MSU, whether they inspire others as the heads of organizations, or by being good-natured, interesting people.

If you are interested in being photographed, or you know someone who is inspirational and think they should be a part of this project, email us at wrc@msu.edu to learn more.

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The students at the MSU Women’s Resource Center created a blog, Embrace-your-image.tumblr.com, by Department Aide, Maggie Chesbrough. The blog seeks to redefine society’s beauty standards with each and every post! If you are a diehard feminist or just someone who wants to learn more about the different forms of oppression people experience every single day, this is the blog for you! 🌸

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**HUMAN TRAFFICKING**

**A CALL TO ACTION**

FREE EVENT, DISCUSSION AND MUSICAL PERFORMANCES FROM THE MSU WOMEN’S CHAMBER ENSEMBLE ON THE TOPIC OF HUMAN TRAFFICKING. PICK UP TICKETS AT THE MSU WOMEN’S RESOURCE CENTER, COLLEGE OF MUSIC, OR SCHOOL OF SOCIAL WORK.

TUESDAY, MARCH 29, 2016
6:30PM - 8:30PM
FAIRCHILD THEATRE
MICHIGAN STATE UNIVERSITY

GUEST SPEAKERS
JANE WHITE
LAURA SWANSON
MARY FLORES
DEENA POLICICCHIO

CO-SPONSORED BY:
Women’s Resource Center
School of Social Work
College of Music
MICHIGAN STATE UNIVERSITY
The U.S. Department of Education’s Office of Civil Rights recently concluded an investigation into the policy and timeliness of the Michigan State University’s response to complaints of sexual misconduct. The investigation found that, in previous years, MSU failed to handle student Title IX complaints in a timely manner, potentially creating a hostile environment for students and employees. In response, Michigan State University has worked to improve and correct these concerns by creating an office that investigates all discrimination complaints, revising their policy on Relationship Violence and Sexual Misconduct, as well as hiring a team of investigators to tackle these complaints in a timely fashion. This newly evolved office is the Office of Institutional Equity (OIE).

On February 8, 2016, Michigan State University’s Sexual Violence Advisory Committee held an event, open to students, staff and faculty to discuss the ever pressing issue of relationship and sexual violence on campus. The goal of this meeting was to gather information communicated in small group discussions to provide recommendations to the new Title IX Coordinator, Jessica Norris; and ultimately, make MSU’s campus a safer place.

At this particular event, the critical questions that were discussed and responses that were submitted to the Title IX Coordinator to review and consider included: Are there any areas on campus experiencing a particularly hostile environment and/or climate related to relationship violence and sexual misconduct? How is relationship violence and sexual violence affecting diverse communities on campus? How do you understand your rights in reporting and receiving services for relationship violence and sexual misconduct? What are your most innovative ideas to further augment the university’s efforts to increase awareness and improve response to relationship violence and sexual misconduct?

If you can answer these questions and wish to improve the overall safety of this community, consider providing your input by attending office hours and focus groups that will be addressed by the Title IX Coordinator throughout the spring 2016 semester. These events will also be advertised throughout campus, including in the MSU Women’s Resource Center newsletter.

Additional informational about this new office can be obtained by contacting the Office of Institutional Equity at oie@msu.edu, calling 517-353-3922, or visiting the OIE website at: http://oie.msu.edu.

Jessica Norris is Michigan State University’s new Title IX Coordinator, working in the newly established Office of Institutional Equity (OIE). OIE reviews all concerns relating to discrimination and harassment based on sex, gender, gender identity, race, national origin, religion, disability, and other categories protected under the University Anti-Discrimination Policy and the Policy on Relationship Violence and Sexual Misconduct.

Jessica’s approach to this role is one of collaboration. As the Title IX Coordinator, she coordinates with many campus units that each play an important role in the response, support, and prevention efforts at MSU. This includes working with the Sexual Assault and Relationship Violence Prevention Program (SARV), the MSU Sexual Assault Program, MSU Safe Place, MSU police, and Student Conduct and Conflict Resolution to coordinate a comprehensive and cohesive Title IX program.

With so much change taking place institutionally, Jessica’s position requires a significant amount of listening and learning. Her job requires bringing campus units together in a manner which produces a response that is both timely and consistent with federal laws and policies of MSU. This also involves ensuring all students, faculty, staff, and community members are being considered in the process. In order to make this feel like one cohesive response, Jessica brings people together in a highly collaborative and structured manner. Working with MSU’s newly appointed OIE Director, Ande Durojiaye, they are identifying ways to further improve their process.

Prior to her arrival at Michigan State, Jessica Norris spent eight years at Illinois State University, most recently in the position of Associate Director Deputy Title IX Coordinator and Affirmative Action Officer within the University’s Office of Equal Opportunity Ethics and Access. A native of Illinois, she received her undergraduate degree from Northern Illinois University and her graduate degree from the University of Illinois.

This new position as Title IX Coordinator has great significance to Jessica. One of her reasons for pursuing this position was the opportunity to be part of a historic time of transition at MSU. This opportunity is of great importance to her since it is truly a chance to lead the growth of the Title IX program. It is clear from the recent OCR Investigation and media reports that MSU has been viewed negatively with regard to handling sexual misconduct and equity issues. Jessica plans to change this dialogue; she foresees MSU and OIE being in the news for their effective practices, serving as models for other universities.
This position is also significant to Jessica in respect to being a woman in her field. She is proud to be a woman in a role that, at its roots, aims to eliminate sex discrimination. Jessica finds value in considering how far Title IX has come since it was enacted in 1972. Title IX has evolved from being athletics focused into a much broader issue in which the Title IX Coordinator now has a seat at the leadership table. Jessica believes this is a display of how important these issues are to universities, especially to Michigan State University. It gives her hope and encouragement that we will see significant cultural changes, not only at MSU, but in the broader community.

Jessica’s advice to anyone pursuing a career is to always remain open-minded; you may not always know exactly where your current path is leading you. Thinking upon what has led her to the point she is at in her career, Jessica advises others to always be willing to step up. Many experiences that led her to her current Title IX Coordinator position were a result of her willingness to take on work that wasn’t necessarily her responsibility. These were not always tasks or jobs that she would be recognized for or rewarded for, but they were professional and personal growth opportunities.

Anyone who meets Jessica will immediately see how passionate she is about the work that she does. When thinking about her future here at MSU, Jessica is very much looking forward to people being able to look to MSU as a leader in this field. “It will be incredibly rewarding to look back on this time and be able to see the momentous changes that have been made across the campus,” she said. Jessica finds her work extremely rewarding and has a very positive and encouraging outlook on MSU’s future.
The Matter of Life: Black Women & Violence Film Series

Kiana Elkins

On Saturday, January 16, 2016, “The Matter of Life: Black Women & Violence Film Series” kicked off. The first film to be shown was *Crime After Crime*, which follows the story of Deborah Peagler who was an incarcerated domestic violence survivor in California. In the film, viewers are taken on the journey of two attorneys filing for clemency to free Peagler because the crime she was convicted of was committed as a result of her abuse. Women who commit crimes as a direct result of the abuse are thought to have “battered woman syndrome” and are, therefore, not entirely at fault for their crimes. The film unravels decades of corruption in the California justice system and left its viewers wondering what practices their own states might be guilty of. Following the film, there was a community discussion with a panel of six Lansing domestic violence advocates. Personal stories were shared of people’s experience with abuse or knowing someone who was abused. It opened my eyes to see how far reaching this problem really is and that anyone can be at risk. It’s even worse when we consider the consequences that survivors then face at the hands of the “justice” system.

It is estimated that 75% of women in prison are domestic violence survivors, with women of color being disproportionately more at risk. Research done by Christina DeJong, a Michigan State University associate professor in the Department of Criminal Justice suggests that, in Michigan, there are laws that allow police to arrest both the assaulter and the assaulted, which only works to criminalize and victimize the survivor even more. There are laws that allow defense attorneys to use a survivor’s history of consensual sex with their abuser against them. The practices in place are incredibly detrimental to the survivors, as well as their families. It is important that communities band together to help domestic violence survivors, as well as raise awareness about domestic abuse.

There are many support services available in Michigan that address these issues, and I encourage you to find ways to get involved.

The next film screening will be “TREASURE,” shown on Wednesday, March 16, 2016 at 7:00PM in B122 Wells Hall at MSU. This story tells the ill fate of a Detroit transgender woman due to negligent police.

Excellence in Diversity

Maggie Chesbrough

“This is a time when the Michigan State community comes together to demonstrate genuine support of and appreciation for innovative work being done at the University in the areas of diversity and inclusion by faculty, students and support staff,” says Paulette Granberry Russell, Senior Advisor to the President on Diversity and Director of the Office for Inclusion and Intercultural Initiatives about the importance of the Excellence in Diversity Program.

On Monday, February 15, 2016, Michigan State University held a ceremony that congratulated and celebrated the winners of the 2016 Excellence in Diversity Awards. The Excellence in Diversity Award highlights the importance that diversity plays in achieving excellence. Michigan State University welcomes students, staff and faculty members to propose new ideas that can bring about change to better the university in aspects of its diversity. Many people think of race as being the prominent form of diversity, but race is just one of the many aspects that diversity incorporates. With discrimination taking root in many aspects of our society, it is imperative that we, as people at Michigan State University, work to dismantle this internalized discrimination that has latched itself onto our societal norms and within our judiciary system.

This year’s Excellence in Diversity awardees include: Joyce-Zoe Farley, Alyssa Hadley Dunn, Catherine Feirer, Joshua Palkki, Raven Jones Stanbrough, the MSU Adaptive Sports and Recreation Club and the Urban Immersion Fellowship Program. Together, we can change the lives of future students, staff and faculty members at Michigan State University, as well as spark change within our own communities, other school districts, and our nation as a whole. Congratulations to the 2016 awardees for the difference they have made within Michigan State University and for the powerful leaders and inspirations that they have become.
I’m a junior at Michigan State University and to all my associates, students, staff and faculty, I cannot stress enough the fact that we all need to make our mental health more of a priority. With most mental health disorders developing in our early 20s, not giving our brains and bodies the time and rest they need can be damaging to our health, our academics and our ability to succeed in our career. I’m not saying that we should all skip classes and avoid the stressors that life throws at us because, at some point, we’re going to need to learn how to manage these stressors, while also caring for our own needs. What I’m arguing is that we need to allow ourselves some leeway before we reach exams week. The week when every one of our classes choose to have midterm exams, final papers and book reports, when we’re running on two to three hours of sleep each night and slipping on ice as we rush to class, picking up Starbucks just to refuel before starting the whole process over again. Here’s some tips that I have learned in the past three years to help me avoid that mid-semester mental breakdown:

Make Time Management Your Best Friend – I’ve always been the type to wait until the last minute to write a paper or study for an exam. Although some pressure can be a good way to motivate you to complete the assignment, it can also become a huge obstacle. With only a few weeks before midterms, it’s important to not overwhelm yourself with studying last minute on material you’ve been learning the whole semester. When it comes time for you to study, you’ll regret that you didn’t allow yourself enough time. Our brains hold two kinds of memory, short-term memory and long-term memory. The memory that is necessary when we begin to study for exams is the long-term memory. In order to retain information that will stick to your long-term memory and not be lost in your short-term memory, you need to develop methods like repetition and chunking, where you group or categorize information. Unfortunately, these necessary methods cannot be obtained with last minute studying. So, it’s imperative that you allow yourself enough time to gather the information into your long-term memory. This can also be good prep for when we have to take the next batch of exams!

Do Something For You – Because we usually have projects and papers we need to finish before it’s time for the exam, we don’t leave ourselves much room to do things for our own enjoyment. I find that I retain more information while studying once I’ve spent some time relaxing, watching TV, drawing, hanging out with friends, etc. as a reward for studying. This way, I get a little break in between my studying and I give my neck a break from looking down at textbooks for hours on end. This is a method that I use in order to keep my sanity, not just during exam week, but throughout the entire semester.

Remember That Education is a Privilege – When I’m completely swamped with homework and prepping for exams, I like to remind myself that, although being half asleep and sipping lukewarm coffee at 2AM, while flipping through flashcards, might not be exactly how I want to spend my night, education and the process of being educated is a privilege that many people in the world don’t have. I have to remind myself that all this hard work will pay off and that the weekend is always only a few days away!

It’s our responsibility to take care of ourselves and that includes prioritizing our mental health, especially during high stress situations, like midterms week. Being a student, staff member or faculty member at Michigan State, we are given helpful resources that are just a bus ride away. Here are some helpful sources that can provide information from health education to counseling and psychiatry services.

Sources:


For emergencies, dial 911! These are just a few of the resources that are available at Michigan State University. Additional resources for information and counseling can be found on www.msu.edu based on your location and health concerns. Your mental health is just as important as getting good grades or succeeding in your field. Take care of yourself and I encourage you to use the incredible resources provided by Michigan State University to help make your experiences in college less stressful.
“We are deathly afraid of fat. In some ways, we should be...Fatness is linked to an increased risk for heart disease, stroke, type 2 diabetes, and some forms of cancer” (Martin, “Love Your Fat Self”). Courtney E. Martin, a weekly columnist for On Being, poses an interesting phenomenon: that we are essentially trying to fix problems by creating other problems. Take a look at mainstream media. What do you see? Captions and titles that read, “Are You Bikini Body Ready Yet?” and “Fight Flab & Win” or “How I Got My Body Back” and “How to Get the Dream Body,” all slam on those who gain a few extra pounds and glorifying those who drop down a few sizes and the media is telling us that our bodies are constantly in need of change. There’s a common expression: “nothing tastes as good as skinny feels.” Not only is skinny measured by size rather than the health and body type of the individual, it also mentally and physically harms men and women who are trying to achieve an unrealistic goal: the dream body. There’s a reason it’s called the “dream” body. Rather than maintaining a body weight that is representative of a person’s age and height, many of us embrace this idea that happiness can only be achieved if you are desirable, sexy, attractive, and ultimately – skinny.

However, it is not enough to have a flat stomach and thin features, you also have to be curvy like the Kardashians, have lips like Angelina Jolie, eyebrows like Cara Delevingne, piercing cheekbones like Megan Fox and long legs like Blake Lively. Although the use of mass media targets both men and women, when it comes to achieving the dream body, it is more prominent for women to use dietary supplements than men (Gavura). Why? Because American society and definition of “beauty” demands that women be sexualized for being petite, weak, submissive and breakable. Martin states, “In an ELLEgirl poll of 10,000 readers, 30 percent said that they would rather be thin than healthy.” In American culture, the quickest results are glorified over long-term progress, but perhaps that’s just because we’re impatient or maybe the media is marketing this “quick results culture” for consumers to eat up. If you ask me, this image of the dream body seems to be the only thing we are allowed to eat up and feed into without being culturally criticized. Martin touches on the notion that dietary supplements, which account for over a $40 billion per year industry, only has a 5 percent success rate with its users. The industry of “selling skinny” is expensive, but often these methods, and the messages attached, can damage the human psyche and physical body. What is this culture telling young teenage girls and boys? What are the implications of skinny being synonymous with happiness?
Tuesday, March 1, 2016: Academic Women’s Forum: Dialogue & Connection. 3:30PM—5:00PM, MSU Union Building, Lake Ontario Room (3rd Floor). To RSVP, email health4u@msu.edu.

Tuesday, March 1, 2016: Special Needs Planning. 6:00PM—7:00PM, MSU Federal Credit Union – Farm Lane Branch Community Room, 4825 E. Mt. Hope Road, East Lansing, MI. Presented by Attorney Amy R. Tripp, Chalgian & Tripp Law Offices. To RSVP, sign up at MSUFCU.org or by phone at 517-664-7725. Co-sponsored by MSU Federal Credit Union and MSU Women’s Resource Center.

Wednesday, March 2, 2016: Women’s History Month Reception. 5:30PM—7:00PM, Michigan Women’s Historical Center & Hall of Fame, 213 West Malcolm X Street, Lansing, MI. A first look at the 2015 Michigan Women’s Hall of Fame inductee plaques and the opening of the new exhibit, “Great Girls in Michigan History.” Co-sponsored by MSU Women’s Resource Center.

Thursday, March 3, 2016: Starting a Nonprofit: Is it Worth It? 6:00PM—7:00PM, MSU Federal Credit Union – Farm Lane Branch Community Room, 4825 E. Mt. Hope Road, East Lansing, MI. Presented by Patrice Banks, Daring Ideas Consulting Engagements. To RSVP, sign up at MSUFCU.org or by phone at 517-664-7725. Co-sponsored by MSU Federal Credit Union and MSU Women’s Resource Center.

Friday, March 4, 2016: Women in Leadership Development: Stress Reduction Strategies. 3:00PM—4:00PM, MSU Union Building, Lake O. In doing so, it helps us realize that we are not the product of the unhelpful thoughts and feelings that our minds tend to tell us in reaction to stressful experiences. ntario Room (3rd floor). Stress and anxiety are an inherent part of life. While we can’t do much to prevent the occurrence of these unpleasant experiences, we can manage how we respond to them. This seminar will demonstrate how mindfulness can help us deal with stressful situations by grounding us to the present. Presenter: Jeff Lin, Clinical. Hosted by the Women’s Initiative for Leadership Development. To RSVP, email wrc@msu.edu or call 517-353-1635.

Monday, March 7, 2016—Friday, March 11, 2016: Spring Break.

Monday, March 14, 2016: Biking Basics for Women. 5:30PM—6:30PM, MSU Bikes, located in Bessey Hall right next to the river. Get ready...to ride your bike! This FREE clinic will equip participants with the basics of bike commuting – riding tips, proper fit and gear considerations. Co-presenters: Laura Carter and Marian Reiter.

Co-sponsored by MSU Bikes and MSU Women’s Resource Center. RSVP online using: doodle.com/poll/yai5kz7zbamzupng. Questions? Contact Tim Potter at MSU Bikes, pottert@msu.edu or 517-432-3414. Note: There’s a 10-person maximum for this clinic, so register today. For additional information, visit: https://msubikes.wordpress.com/2016/02/17/msu-bikes-quick-tips-clinics/.

Tuesday, March 15, 2016: Academic Women’s Forum: Should Women “Man-Up” to Succeed in Academia? 3:30PM—5:00PM, MSU Union Building, Lake Ontario Room. Based on her co-authored article “Should Women ‘Man-Up’ for Male-Dominated Fields?” Dr. Ann Marie Ryan, MSU Psychology professor, will discuss identity management in a university setting. To RSVP, email health4u@msu.edu.

Tuesday, March 15, 2016: How to Repair Your Credit. 6:00PM—7:00PM, MSU Federal Credit Union – Farm Lane Branch Community Room, 4825 E. Mt. Hope Road, East Lansing, MI. Presented by Greenpath Debt Solutions. To RSVP, sign up at MSUFCU.org or by reach by phone at 517-664-7725. Co-sponsored by MSU Federal Credit Union and MSU Women’s Resource Center.

Wednesday, March 16, 2016: Inspirational Women of the Year Award Recognition Reception. Reception begins at 4:00PM, The University Club (3435 Forest Rd., Lansing, MI 48910). This year the award will be honoring the accomplishments of Ms. Holly Rosen, Dr. Mona Hanna-Attisha, and Officer Melissa Congleton. To register, you may email (wrc@msu.edu) or call (517-353-1635) by Thursday, March 10.

Wednesday, March 16, 2016: The Matter is Life: Black Women & Violence Film Series. 7:00PM, B122 Wells Hall. Screening of Treasure, which tells the story of a black trans gender woman named Shelley “Treasure” Hilliard who was murdered in Detroit in 2011. Dream Hampton and Emani Love will also lead a discussion of the film afterwards. If questions or for more information, please contact Terrrion Williamson at terrionw@msu.edu or Lisa Briggs at briggsli@msu.edu.

Saturday, March 19, 2016: Making Relationships Work: A Summit on Black Male Academic Success and Inclusion. 8:00AM - 6:00PM, Erickson Hall. Contact Dr. Chezare A. Warren at Chezare@msu.edu for more information.

Monday, March 21, 2016: Women’s Advisory Committee for Support Staff: Spring Forum and Resource Fair. 10:00AM - 12:00PM, Kellogg Center, Big Ten Room A. This year’s event will focus on health and wellness. For additional information, visit: https://adminsv.msu.edu/wacss/spring-forum.html.
Monday, March 21, 2016: Bike Commuting Challenges for Women. 5:30PM—6:30PM, MSU Bikes, located in Bessey Hall right next to the river. Co-presenters: Laura Carter and Marian Reiter. Co-sponsored by MSU Bikes and MSU Women’s Resource Center. RSVP online using: doodle.com/poll/yal6kz7zbamzupong. Questions? Contact Tim Potter at MSU Bikes, pottert@msu.edu or 517-432-3414. Note: There’s a 10-person maximum for this clinic, so register today. For additional information, visit: https://msubikes.wordpress.com/2016/02/17/msu-bikes-quick-tips-clinics/.

Tuesday, March 22, 2016: Buying a Home from A-Z. 6:00PM—8:00PM, MSU Federal Credit Union – Farm Lane Branch Community Room, 4825 E. Mt. Hope Road, East Lansing, MI. Presented by MSU FCU Mortgage Department. To RSVP, sign up at MSUFCU.org or by phone at 517-664-7725. Co-sponsored by MSU Federal Credit Union and MSU Women’s Resource Center.

Wednesday, March 23, 2016: WorkLife Balance: Fantasy or Reality? Choose one of two sessions 8:30AM—10:00AM, Chittenden Hall, Room 110 OR 3:30PM—5:00PM, MSU Union, Mosaic: Multicultural Unity Center (2nd floor). Presenter: Executive Director of the MSU WorkLife Office, Dr. Barbara Roberts. To RSVP, email wrc@msu.edu or call 517-353-1635.

Tuesday, March 29, 2016: Academic Women’s Forum: Dialogue and Connection. 3:30PM—5:00PM, MSU Union Building, Lake Ontario Room (3rd Floor). To RSVP, email health4u@msu.edu.

Tuesday, March 29, 2016: A Call To Action. 6:30PM—8:30PM, Fairchild Theatre. Join us for this free event, where there will be ample discussion over the ever pressing issue of human trafficking, accompanied by musical performances that highlight important factors involved in this form of modern day slavery. Tickets can be picked up from the School of Social Work, the College of Music, or MSU Women’s Resource Center. Co-sponsored by MSU College of Social Work, MSU College of Music, MSU Women’s Resource Center, and MSU Office for Inclusion and Intercultural Initiatives.

Wednesday, March 30, 2016: Health Fair: 11:30AM—1:30PM, MSU Union Building, Main Lounge (1st floor). Hosted by the MSU Women’s Resource Center.
MARCH 29, 2016
Human Trafficking: Call to Action

MARCH 30, 2016
Health Fair

APRIL 2, 2016
Girls Get Going

APRIL 12, 2016
Sandra Kim Keynote Address

APRIL 21, 2016
Ending Human Trafficking Gala

APRIL 28, 2016
Take Your Child to Work Day

MAY 2, 2016
Women Matter Luncheon

DID YOU KNOW?

Most people are under the assumption that Rosa Parks was the first African American to refuse giving up her seat to a white passenger; however, Claudette Colvin, another civil rights activist, refused to give up her seat on a bus months before Rosa Parks.

The reason Rosa Parks became the figure for the desegregation movement is because Colvin was only 15 when the event took place and the NAACP didn’t want to exploit her. Also, Colvin became pregnant around the time of arrest and the NAACP thought that under the circumstances, an unwed mother would attract negative attention to the movement.

Biography.com

Have you visited the MSU Museum lately?
the science and culture museum at Michigan State University

CHECK OUT NEW EXHIBITS

Student Voices: MSU Student Protest

“Students at Michigan State University have long used protests to speak out on a range of issues and make their voices heard. In Student Voices, recent protests will provide a touchstone, linking the lives of today’s students to those who have given their voices to social and political issues in the past.”

Exhibit runs from January 18, 2016 - May 1, 2016

March 2016
EVENTS & RESOURCES

HUMAN TRAFFICKING

A CALL TO ACTION

FREE EVENT. DISCUSSION AND MUSICAL PERFORMANCES FROM THE MSU WOMEN'S CHAMBER ENSEMBLE ON THE TOPIC OF HUMAN TRAFFICKING. PICK UP TICKETS AT THE MSU WOMEN'S RESOURCE CENTER, COLLEGE OF MUSIC, OR SCHOOL OF SOCIAL WORK.

TUESDAY, MARCH 29, 2016
6:30PM - 8:30PM
FAIRCHILD THEATRE
MICHIGAN STATE UNIVERSITY

GUEST SPEAKERS
JANE WHITE
LAURA SWANSON
MARY FLORES
DEENA POLICICCHIO

CO-SPONSORED BY:

Women's Resource Center
MSU 50 INCLUSION
School of Social Work
College of Music
MICHIGAN STATE UNIVERSITY

March 2016
EVENTS & RESOURCES

WOMEN’S HEALTH FAIR 2016

Stop by during your lunch hour for great information and an opportunity to win fabulous prizes!

Wednesday, March 30, 2016
11:30AM - 1:30PM
MSU Union Building
Main Lounge (1st Floor)

Information
Prizes
Giveaways
Demonstrations
And much more!

FREE and open to ALL!

Hosted by the MSU Women’s Resource Center
EVENTS & RESOURCES

BEAUTY FOR ASHES GALA

WORKING TO EDUCATE, INSPIRE, CHALLENGE, AND CHARGE THE FIGHT AGAINST HUMAN TRAFFICKING

7:00PM - 9:30PM | April 21, 2016
The Kellogg Hotel and Conference Center
Fundraising Event for The House of Promise

For more information, go to The House of Promise website:
http://www.thehouseofpromise.com/
or call the MSU Women's Resource Center
517-353-1635.

SAVE THE DATE

March 2016