In this issue:
• WRC Spotlight: Dr. Denise Maybank & Deanna Hurlbert
• Welcome from W.I.L.D. and Successful Black Women
• Women in Higher Education: Upcoming Conferences
• 2013-14 Distribution Due Dates for Awards and Grants
• Leadership and Involvement Opportunities

Welcome to a New Academic Year!

Welcome to a new academic year at Michigan State University! My name is Lydia Weiss and I am the new Educational Program Coordinator at the MSU Women's Resource Center. But as some of you already know, I am by no means new to MSU or this office. As my Alma Mater, MSU has always held a special place in my heart. I graduated from the Sociology program back in 2008 and served as a Department Aide at the WRC during my college career. As soon as I graduated, I couldn’t wait to explore the world - as our Study Abroad program so strongly encourages! I spent a couple of years in Philadelphia, then moved to Cincinnati to obtain my Masters in Women's, Gender and Sexuality Studies at the University of Cincinnati. As the years passed, I recognized that "there is no place like home." I am so honored to be welcomed back to State and the WRC with open, loving arms.

If you knew me as a college student, you know that I have the soul of an activist and a passion for social justice and gender equity, which suits my position as the Educational Program Coordinator quite well! As someone who was intimately connected to this campus years ago and did my fair share of rallying, I can see the incredible steps forward our educational community has made. On the other hand, I have also begun to see where our community still needs support and development; however, I cannot do this alone. I hope that you will join me in creating (and maintaining) an inclusive, diverse, safe, and vibrant home for everyone who steps on campus. I am calling you to recognize the intersectional oppressions and challenges our students, faculty and staff face and to ensure that each of us has equal access to leadership opportunities, education, mentors, community and a full and balanced life at MSU. I look forward to meeting new people, rekindling old collaborations, and working together as a Spartan family. Don't hesitate to email me (or just stop by our office) with program ideas or suggestions. Go Green!

Advancing gender equity through education and access to resources! Gender Matters!

Mildred B. Erickson (MBE) Fellowship
Spring Semester Application Deadline: Monday, September 30, 2013

For additional details, contact (517) 353-1635 or visit: http://wrc.msu.edu

What’s New at MSU?

The excitement of a new academic year is upon us! As freshmen, incoming graduate students and new faculty/staff settle into their new routines and new homes, the rest of us return with a seasoned perspective. Of course, as with any change in season, there are changes in the air. For those who have been away from campus all summer, we’d like to point out some of the highlights.

Many of the new developments are just that—developmental. As you walk through campus, especially north campus, keep your eyes peeled for things that might be missing… like Morrill Hall. After a sturdy 113 years of life, it was time for Morrill to give up its seat on campus to make way for an open green space for the campus community. The building originally served as a women’s residence hall—back in the days when women and men were required to live in separate residence halls.

Another fun development was the Union Building facelift. The garden level, second floor and third floor have all had remodeling work done. Don’t worry, the Women’s Resource Center has not been displaced! The University Activities Board moved to the garden level, the Multicultural Center and the North Neighborhood Engagement Center have moved to the second floor, and the third floor now features a large study space. Come by the Union to check it out and stop in and say hello to us while you’re at it!

In other news, Dr. Denise Maybank has been named the new Vice President of Student Affairs and Services and Deanna Hurlbert has been named the Director of the Lesbian, Bisexual, Gay and Transgender Resource Center (see page 3 for more details). Additionally, at the end of the 2012-2013 academic year, the Office for Inclusion and Intercultural Initiatives launched a new campaign, “There is No Excuse for Sexual Assault” which is a community-wide effort to educate about and prevent sexual assaults on campus. Check out their site at: www.sexualassault.msu.edu.

Did You Know?

The Eli and Edythe Broad Art Museum at Michigan State University was designed by a woman. The internationally recognized architect, Zaha Hadid is known for pushing the boundaries of architecture, which is apparent if you look at the Broad Art Museum or photos of her other masterpieces.
What is the Women’s Resource Center?

The MSU Women’s Resource Center (WRC) has been working to achieve gender equity across campus for over 20 years. The center was established in 1992 as part of the MSU IDEA (Institutional Diversity: Excellence in Action), a plan for achieving a new level of diversity and excellence to meet the needs of a changing America. The mission of the MSU Women’s Resource Center is to empower women to achieve personal, professional and academic success, create a climate that advocates for gender equity, values inclusion and provides resources that enable all students, faculty and staff to become active members of the MSU community. The WRC works toward leadership development, social justice and addressing gender related issues/concerns for people of all genders through educational programs, conferences, newsletters and other resources.

Meet the staff:

Jayne Schuiteman, PhD: Jayne is the interim director in the WRC and an associate professor with a teaching assignment in the Center for Gender in Global Context. She has been a faculty member at the university since 1990. Sexual assault and relationship violence are her foci. Additionally, she is working in the area of men and masculinities. At the WRC Jayne conducts workshops on prohibited harassment involving faculty, undergraduates and graduate students, teaching assistants and support staff employees from across the campus.

Lydia Weiss: Lydia is the educational program coordinator at the WRC and recently joined the staff in February 2013. She is responsible for the coordination of many workshops and programs hosted by the center. Lydia advises the MSU Women’s Initiative for Leadership Development and the annual Women’s Leadership Conference. She is dedicated to gender inclusive initiatives and educational efforts.

Audrey Smith: Audrey is the office manager at the WRC. She has worked on MSU’s campus for over 30 years - first in human resources and then human relations – and has worked for the WRC since its inception in 1992. Primarily supporting the director, Audrey is also responsible for staffing several committees, budget, event planning, programming, and day-to-day operations of the Center.

Evette Chavez Lockhart: Evette is the editorial/administrative assistant at the WRC. She joined the Center eight years ago and has been employed by MSU since 1980. Evette is responsible for the monthly newsletter Wisdom, Words, & Women (which you can access on our website: wrc.msu.edu). She is also responsible for handling all public relations and marketing as well as event planning, the administration of fellowships and scholarships, committee staffing, and providing support to the director.

Where you can find us:

You can visit us on the third floor of the MSU Union – Room 332. Just stop in to chat with our lively staff or come and relax. Check out fantastic films such as Hip Hop: Beyond Beats and Rhymes, Killing Us Softly 3, Crash, and Iron Jawed Angels with a valid MSU ID. You can also sign up for our listserv e-mail updates; just e-mail wrc@msu.edu with the subject line “WRC Listserv” and we’ll keep you in the loop. Or you can find us on the web at wrc.msu.edu. We hope to see you soon!
Dr. Denise Maybank

Dr. Denise Maybank has been officially named the Vice President for Student Affairs and Services. After serving as the Interim Vice President for two and a half years and serving Michigan State's campus for a total of over eight years, Dr. Maybank describes her work as her "heart's work." Anyone can see that her heart is truly in student affairs when you hear her describe the passionate vision she has for the future of the division. Student Affairs and Services is currently undergoing some major reconstruction that Dr. Maybank views as an opportunity to "create models that are 21st century relevant." She explains that the department needed an update. "Students have changed. The way the institution interacts with students has changed. Access to information has changed. We want to create an experience that allows students to appreciate the importance of interacting with others while acquiring the knowledge to make a difference." The new vision for Student Affairs and Services was described as, "An integrative approach to provide a seamless experience."

The new structure of Student Affairs will include three collaborative functional alignments: Health, Wellness and Safety, Identity/Affinity and Transitions, Leadership and Experiential Learning. Combined, these functional alignments encompass all of the developmental domains - cognitive, physical, social and emotional. The first area will focus on the health and safety of students, supporting their personal wellness goals, now and for the future. The second area will focus on the various identities of students and "how the intersections of those identities are important in the college student experience," explained Dr. Maybank. "I believe Michigan State University will be a leader in the engagement of students with purposeful focus on identity." The third area will "address ways to connect students’ learning to their being." Dr. Maybank describes this as the clear connection between the curricular and the co-curricular. "We all need a broad perspective. It’s not solely about making sure you can understand the content and can do the research, we want to support the holistic and applied application of knowledge to practice and offer meaningful opportunities to students," she said. Overall, the new model of Student Affairs and Services values identity, the intersections of a person’s identities, broad and diverse perspectives and a holistic approach to student engagement for the 21st century.

Dr. Maybank being named the Vice President for Student Affairs and Services is not only important for the division, but also for women across campus. She is the first female to hold this position at Michigan State University. When asked how that makes her feel, she said with a chuckle, "I hadn’t even thought of that! I am honored to be able to serve in this role and I hope I can do it in a way that speaks to that holistic perspective. My view of the world is likely different from that of my male counterparts and I hope I will bring to the history and tradition of Student Affairs a new perspective that will cause Student Affairs to be better and have even greater impact." Her advice to other women seeking leadership positions is, "Be true to yourself. Nobody can be better at being you than you and we need you." Dr. Maybank’s proudest accomplishment has been being accessible and visible to students. She said that any of the 49,000 students at MSU are welcome to make an appointment with her to talk about whatever is on their minds; the appointment may be scheduled out a few weeks, but all are welcome.

Her advice to students is to "Stay open." She said students tend to select a major and then focus on their career, but advises that there are many ways to acquire knowledge in creative and innovative ways that allow for opportunities to understand different perspectives. She said, "Unique perspectives, joining together, offer new thought and that’s when you can create answers and responses to the big issues. That’s what Spartans do."

Deanna Hurlbert

Deanna (Dee) Hurlbert is the incoming Director of the MSU Lesbian, Bisexual, Gay and Transgender Resource Center (LBGTRC). Since 2010, Hurlbert has been taking care of the leadership responsibilities and has served as the Assistant Director since 2008. Prior to working for the LBGTRC, Hurlbert was the Advocacy Coordinator for the Sexual Assault Program through the MSU Counseling Center. In her role as the Director of the LBGTRC, she said, "On the big scale, I hope to make Michigan State more well known for the excellent place it is for people who experience marginality based on their sexuality or gender." She explained that MSU is very supportive of LBGT and queer students, but that this is not part of the "institutional identity." She said, "According to the 2010 climate survey, Michigan State has a very good climate, but the problem is the perception students have at MSU. Their experience here is relatively good, but how they feel here is not quite as good as at other campuses [in the US]." When asked about this discrepancy, Hurlbert stated that it has a lot to do with the University’s location in the state of Michigan, which is not “warm and welcoming” to LBGT folks because of the political landscape of the state as a whole.

Due to the thwarted perceptions of what it is like to identify as LBGT or queer at MSU, Hurlbert hopes that the Resource Center can continue to be a safe space for students. "We do work around intersectionality and we have a reputation of providing a great experience for anyone who steps foot in the Resource Center. It is intended to be a safe space to be with others in that space. Our product is relationships," she said. Those relationships are established with students, and others, regardless of their sexual orientation, gender identity or expression. In fact, Hurlbert explained that approximately 85% of the people who benefit from the work of the Center identify as heterosexual. More of their intensive relationships are established with students who are sexual or gender minorities, but their work building cultural competence around campus benefits the campus population as a whole. Some of her proudest accomplishments have been assisting individual students and creating a space that sometimes is the only place a student calls “home.”

Hurlbert’s advice for all students for their health and wellness is “sleep!” She said she sees a lot of students blow off steam by socializing, or watching TV and movies to wind down, but that sleep and rest are the best ways to relax. She also recommends finding a mentor, whether it is a faculty member, older student, grad student, staff or group advisor, it is important to “cultivate an intentional relationship." She advises the best mentors should have a quality, skill or character the mentee wants to cultivate. Her advice for women seeking leadership positions is to remember, “Gender matters.”
Welcome from the Women’s Initiative for Leadership Development (W.I.L.D.)

Go Green! Go WILD!

On behalf of the Women’s Initiative for Leadership Development (W.I.L.D.) student organization, we’d like to welcome you to the new school year! We couldn’t be happier or more excited that you’re here. We’d like to invite you to check out our student group and we encourage you to get involved. W.I.L.D. is an organization associated with the MSU Women’s Resource Center. Our mission is to inspire and prepare the women (students) of Michigan State University to become leaders on our campus, in our communities, and for our world.

W.I.L.D. is made up of student leaders from all different backgrounds and majors and together we organize and host the annual Women’s Leadership Conference, community service events, and participate in other events on campus. We’re all about teamwork, community, and investing our time in our future leaders! Oh, and did we mention that we have tons of fun? We’re excited to get this year rolling.

We hope to see you at our Information Session on Wednesday, September 4, 2013 from 3:00PM—5:00PM in A328 Wells Hall to give you plenty more information!

- Leticia Briseno & Janisse Martinez, WILD Co-Chairs

Welcome from Successful Black Women

Greetings and welcome to our incoming freshman and returning Black women students of Michigan State University. On behalf of the Successful Black Women (SBW) of Michigan State University, as the President of the organization, I extend to each of you a hearty and sincere welcome as you begin your educational journey as an MSU student. We hope that everyone had a great summer and that you are ready to start the 2013-14 academic year in the best of health and frame of mind.

SBW of MSU is a Registered Student Organization and we are excited about the many opportunities we will have this year to spend time together as we fulfill our mission to offer our support to you, our constituents, and to create opportunities for us to learn together and have fun so that we can demonstrate our success at the end of the academic year. SBW makes every effort to set the NEW STANDARD among student organizations. We strive to create a community of women who are well rounded students in a variety of ways. We provide mentoring, community-service opportunities, networking opportunities, leadership development opportunities and much more.

SBW invites you to join us this year! More information about ways to join our organization will be forthcoming in the next few weeks. If you have questions prior to getting information about SBW of MSU, please feel free to contact me by email (MOOREL13@msu.edu).

As a parting message, let us affirm our success by keeping our minds open to new experiences, welcoming new opportunities and having a determined spirit. Let’s stand together, strong and proud by claiming our victory of being successful Black women students. Demonstrate your leadership to others by maintaining a healthy balance in your activities and exercising good judgment. Attend classes, study regularly, socialize responsibly and get involved. GO GREEN, GO WHITE, and WELCOME BACK!!

- Lauren Moore, President of Successful Black Women of Michigan State University
Women’s Advisory Committees

Women’s Advisory Committee to the Provost (WACP) advises the Provost on important issues of special interest to women within the university community. In its advisory capacity, WACP assists in identifying and suggesting solutions to important issues relative to the roles and participation of women in the academic areas of the university. The committee may consult with the Provost or members of the Provost’s staff to clarify and to discuss strategies for enhancing the experiences and conditions for women in the academic workplace.

Women’s Advisory Committee to the Vice President for Student Affairs and Services (WACSAS) advises the Vice President primarily on matters related to various functions and services carried out through the departments and units in the Division of Student Affairs and Services and secondarily on matters related to the university in general and about which the Vice President may have influence to effect change. Specifically, committee members are asked to consider programs and services with regard to the following and to make recommendations for change to the Vice President as appropriate: the nature of services provided with particular attention to their effectiveness and appropriateness for women students; the content of programs or procedures which will ensure full freedom of opportunity in employment for women support staff employed by the university; assisting the university community in the development of a favorable climate which will enhance the status of women and provide for their consistent advancement throughout the employment system to its highest level; alerting the administration to and recommending solutions for problem areas related to women support staff; serving as a liaison between women support staff and the university administration; and serving as a referral source for women support staff and thereby identifying and referring problems.

Women’s Advisory Committee to the Vice President of Finance and Operations (WACFO) is responsible for recommending policies, programs or procedures which will ensure full freedom of opportunity in employment for women support staff employed by the university; assisting the university community in the development of a favorable climate which will enhance the status of women and provide for their consistent advancement throughout the employment system to its highest level; alerting the administration to and recommending solutions for problem areas related to women support staff; serving as a liaison between women support staff and the university administration; and serving as a referral source for women support staff and thereby identifying and referring problems.

Women’s Networking Association

The mission of the Women’s Networking Association (WNA) is to connect women across campus through meaningful and empowering relationships. Providing an opportunity for women to network and support one another is an essential step for building women's leadership at Michigan State University and the Greater Lansing community.

Join us at the following meetings:

Wednesday, September 18, 2013: “Effective Networking”
8:30AM—10:00AM OR 3:30PM—5:00PM at 412 Eppley Ctr.
This session will introduce and develop participants' skills in effective networking. Knowing the right people and knowing how to market yourself to them is essential in today's business/university world.

Wednesday, October 16, 2013: “Creating Your Brand”
8:30AM—10:00AM OR 3:30PM—5:00PM at 412 Eppley Ctr.
Have you ever stumbled over the question: “So, what’s your role on campus?” Many of us have! With the tools from this session, you will learn how to “sell your brand” and put yourself at the top of the market.

Wednesday, November 20, 2013: “Just in Time Mentoring & Networking Blitz”
8:30AM—10:00AM OR 3:30PM—5:00PM at 301 Eppley Ctr.
Mentors can be the key to successful career development. This session will focus on establishing mentoring relationships and practicing networking skills.

RSVP to wrc@msu.edu or 353-1635.

Ask A Spartan / 问问斯巴达

Ask A Spartan is a Q&A app that enables people to ask questions about relationships, sexual health, mental health, and sexual identity in English or Chinese and have their questions answered by MSU experts from the MSU Counseling Center, MSU Sexual Assault Program, LBGT Resource Center, Olin Health Center, MSU Women's Resource Center, Sexual Assault and Relationship Violence Prevention Program (SARV), Safe Place, and The Office for International Students and Scholars. The app was developed by Venturit and MSUglobal Knowledge & Learning Innovations.

The app was developed at MSU in response to the continued increase of Chinese international students enrolled at the University. Information regarding topics can be challenging for all students, but perhaps more so for students for whom English is not their primary language. Ask A Spartan aims to provide responses to questions on these topics so that students and members of the community have access to accurate information and resources.

If you have questions about Ask A Spartan, please contact Jayne Schuiteman, PhD., Associate Professor at Michigan State University and Interim Director of MSU Women's Resource Center at Schuite1@msu.edu or (517) 353-1635.

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“Ask A Spartan” App link:  http://askus.msu.edu/ask-a-spartan

To learn more about Ask A Spartan go to the MSUAA Knowledge Network at:  http://knowledgenetwork.alumni.msu.edu/ask-a-spartan/askaspartan.html

Men's Health, Wellness, & Fitness EXPO!

SAVE THE DATE!

Wednesday, October 16, 2013
11:30 AM—1:30 PM
MSU Union—2nd Floor Ballroom

What Women Want to Know—What Men Need to Know
For Women & Men who care about the Men in their lives.

- Information
- Presentations
- Demonstrations
- Prizes
- Giveaways
- And more...

Stay tuned for more information . . .

@ http://wrc.msu.edu
Join the WRC Team in the Fight!

Making Strides Against Breast Cancer Walk

Date: Saturday, October 26, 2013
Location: Michigan Capitol, Downtown Lansing
Time: Registration - 9:30AM; Walk - 11:00AM

Making Strides Against Breast Cancer is a non-competitive 3 mile walk to help raise awareness and funds to help the American Cancer Society’s fight against breast cancer. The MSU Women’s Resource Center is proud to once again participate in the Making Strides Against Breast Cancer Walk, and we extend an invitation to anyone who would like to join our team. Each team member is responsible for collecting at least $50.00 in donations for the team. To join the MSU WRC Making Strides Team:

1. Visit: www.cancer.org/stridesonline
2. Click on the appropriate state (Michigan)
3. Click on 2013 Making Strides for Lansing
4. Click on the “Sign-Up” button on the right side of the page
5. Select “Join a Team” button
6. Scroll down list of teams and select “MSU Women’s Resource Center”
7. Click “Next” button
8. Fill in your information for event registration!

There will be an informational meeting that will be held on Tuesday, September 10, 2013 from 5:00—6:00 PM in 209 Olds Hall. The meeting will cover expectations of all team members and other important information. Attendance at this meeting is strongly encouraged for all team members.

We hope that you will join the MSU Women’s Resource Center Team, as a walker and/or contributor. Together, we can help ensure progress toward the fight against breast cancer and continue to save more lives. Also, look for the Cans for the Cure bins around campus to recycle your empty, refundable soda cans and bottles. All proceeds go the American Cancer Society to aid in the fight against breast cancer. For more information, contact the MSU WRC at 517-353-1635 (M-F, 8:00AM-5:00PM) or via e-mail (wrc@msu.edu).

Social Media at the WRC

Our personal networks are a critical part of who we are as people. Humans are social creatures and our social behavior is buttressed by social media connections. Facebook, Twitter, Tumblr and other sites allow us to share information, reconnect with old friends and interact in new and interesting ways. Social media is also being used for social commentary, starting activism campaigns and letting our voices be heard.

The MSU Women’s Resource Center understands the value of social media networks, which is why we will keep you in the know through all of our sites. On Facebook, you can “Friend” MSU WRC—this page will stay updated with articles and pop culture references that pertain to our mission of advancing gender equality. Also on Facebook, you can “Like” our page, MSU Women’s Resource Center—we will notify you of all our upcoming programs and events here. Our Twitter, @MSUWRC, will also keep you in the loop about our events. We also have a Tumblr page, msu-wrc.tumblr.com, which will be filled with fun campaigns like our “Why I Need Feminism” campaign (see below).

Feel free to leave comments and responses to our posts, submit photos and blog posts for our Tumblr, and update us about any gender or social justice issues you care about. We look forward to having you as a part of our personal and social network.

Social Media at the WRC

“Why I Need Feminism” Campaign

Some people argue that we no longer need feminism or the women’s movement. Some of us disagree.

If you think feminism (or a gender equality movement) is still necessary, submit your photo response!

Starting September 9, 2013 photos will be posted on msu-wrc.tumblr.com!

Tell us why YOU need feminism!

Submit your photo response to weisslyd@msu.edu or msu-wrc.tumblr.com

“Advancing gender equity through education and access to resources”
GENDER MATTERS!
Women in Higher Education
~ Upcoming Conferences ~

Conference for Pre-tenure Women (4th annual conference)
Thursday, September 26, 2013 to Friday, September 27, 2013

27th Women in Educational Leadership Conference
Sunday, October 13, 2013 to Monday, October 14, 2013

National Association of Collegiate Women Athletics Administrators (NACWAA)
Sunday, October 13, 2013 to Tuesday, October 15, 2013

National Women’s Studies Association—Negotiating Points of Encounter
Thursday, November 7, 2013 to Sunday, November 10, 2013

NASPA: National Association for Student Personnel Administrators—Lead Innovate Transform
Saturday, March 15, 2014 to Wednesday, March 19, 2014

For details, visit: http://www.wihe.com/listConf.jsp

Out of the Darkness Community Walk
Saturday, September 28, 2013
10:00 AM—1:00 PM
Michigan State University Campus
(Hand-in 9:00-10:00 AM)

Participate in the American Foundation for Suicide Prevention’s Out of the Darkness Community Walk—a 5k to raise funds and awareness for suicide prevention. The Out of the Darkness Community Walk will be held on the campus of Michigan State University.

Proceeds from the Out of the Darkness Community Walk will support a variety of prevention, education and advocacy programs both nationally through AFSP but also on a local level in Mid-Michigan. To donate or register for the event, please visit http://www.outofthedarkness.org and click on “Find An Event Near You.” Registration deadline is Friday, September 27, 2013 at 12:00 PM.

For additional information, contact Stephanie Colwell at 810-333-1328 or colwells@msu.edu.
**August Events**

**Monday, August 19, 2013:** International Student Resource Fair. 4:30PM—6:00PM, Breslin Student Center. Representatives from local businesses, entertainment venues, and more.

**Wednesday, August 21, 2013:** Residence Education Resource Fair. 2:00PM—5:50PM, 137 Akers Hall. All Residence Life Staff and Office of Cultural and Academic Transition Staff participate in this resource fair.

**Saturday, August 24, 2013:** Graduate Student Resource Fair. 10:00AM—12:00N, MSU Union Building. All new and returning MSU students are invited to attend!

**Tuesday, August 27, 2013:** Sparticipation. 3:00PM—8:00PM, Munn Field. Student involvement fair where student organizations, living unit groups, and major governing groups meet new and returning students to inform them about their organization's purpose and events.

**Wednesday, August 28, 2013:** First day of classes.

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**September Events**

**Monday, September 2, 2013:** Labor Day. University closed.

**Wednesday, September 4, 2013:** Women's Initiative for Leadership Development (WILD) Informational Session. 3:00PM—5:00PM, A328 Wells Hall. Learn about WILD, the Women's Leadership Conference and how you can be involved with this student group!

**Friday, September 6, 2013:** Women's Initiative for Leadership Development (WILD) first meeting of the semester. 3:00PM—5:00PM, 109 Olds Hall.

**Tuesday, September 10, 2013:** WRC Making Strides Against Breast Cancer Informational Meeting. 5:00PM—6:00PM, 209 Olds Hall. Overview of Expectations, Recruit and motivate team members, distribute materials.

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**Announcements**

The **League of Women Voters of the Lansing Area** is hosting a fall welcome meeting on **Wednesday, September 11, 2013** at 7:00 PM at the Hannah Community Center (819 Abbott Road, East Lansing, MI). The meeting's topic will be “Improving Voter Participation.”

The **Sexual Assault Crisis Intervention (SACI)** advocates are looking for new volunteers! The informational meeting is on **Thursday, September 12, 2013** from 6:00-7:00 PM in Room 6 Student Services Building. SACI provides essential crisis intervention, advocacy, and outreach services to the greater Lansing community. If you have questions, contact Bianca Segura at 517-353-1669.

Looking for a way to give back to your community? The **Capital Area Response Effort (CARE)** is seeking volunteers. CARE is a post-arrest response team for survivors of domestic violence. The CARE staff and volunteers offer crisis intervention and community resources to those who have experienced a domestic assault in Lansing, Lansing Township, Meridian Township, East Lansing and on the campus of Michigan State University. The volunteer trainings will be held **September 12-16, 2013**. If you are interested, contact the CARE office at (517) 272-7436 or lpdcare@yahoo.com.

The **Capital Area Women’s Lifestyle Magazine** is hosting the 2013 Lady Classic golf outing on **Thursday, September 19, 2013 at 8:00AM** at the Timber Ridge Golf Club (16339 Park Lake Road, East Lansing). For more information, visit www.cawlm.com.

**MSU Safe Place** needs your help! MSU Safe Place provides advocacy, emergency shelter, counseling, support groups, safety planning, information and referrals to survivors of violence and their minor children. Currently in need of shampoo/conditioner, body wash or bar soap, deodorant, lotion, toothpaste, over-the-counter medication (fever, pain, allergy, etc.), dish soap, hand soap, laundry detergent, and all purpose cleaner. If you can help, please contact MSU Safe Place at (517) 355-1100 x. 2 or noabuse@msu.edu.

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**WRC Staff:** Jayne Schuiteman, Interim Director, Associate Professor and Personal Safety Coordinator; Lydia Weiss, Educational Program Coordinator; Audrey C. Smith, Office Manager; Evette Chavez Lockhart, Editorial/Administrative Assistant; **WRC Student:** Bennetta Thomas, Department Aide.
New Series on **Shame Resilience**
Offered by MSU Health4U

Shame is a universal human emotion. Everyone has it, but as a culture we don't talk about it very much. People try to hide their shame. We tend to think we are the only one who has it, and we think there is somehow something wrong with us—that we are broken or defective.

When we hide our shame it grows. On the other hand, when we learn how to recognize when we are having a “shame flash” and we develop skills to help ourselves process that experience in new ways we can get rid of the reservoir of shame that we have been carrying around for years. We can also learn to identify and deflect the shaming messages in our culture, families, workplaces, and community-based organizations. We may even decide to use our voice and try to make our communities more shame resilient as well.

Faculty, staff, retirees, graduate student employees and the spouses and partners of the members of these groups are invited to join MSU Health4U Program Emotional Wellness Consultant Lisa Laughman as she introduces Dr. Brené Brown’s Shame Resilience Theory (SRT).

This 4 week series may change the course of your life. Learning about Shame and Shame Resilience is that important.

**Schedule:**
- Monday, September 16, 2013
- Monday, September 23, 2013
- Monday, September 30, 2013
- Monday, October 7, 2013
  - 12:10 – 12:50PM
  - Erickson Hall, Room 222

For more information contact Derek Dubuque: h4u@hc.msu.edu.

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**MSU Women in STEM Conference**

A recent report found that the gender wage gap still exists

Women with same degrees have lower starting salaries. . .

$39,600 for women vs. $51,300 for men

**HOW YOU CAN YOU ADDRESS THIS?**

Join us for a reception, dinner and keynote address

**WOMEN MUST ASK (THE SMART WAY):**

**TIGHTROPE NEGOTIATION**

*by Lisa Marshall, author of* Smart Talk

If women act too feminine and don't negotiate, they end up with lower salaries. If they act too masculine and ask, people don't want to work with them. In the workplace, women walk a tightrope between being too feminine and too masculine, especially when it comes to salary negotiation. Tightrope negotiation explores gender bias in the workplace, the importance of visibility and sponsorship, and practical advice for asking the smart way.

**Attendees will receive a copy of Smart Talk as part of their registration.**

**THURSDAY, OCTOBER 17, 2013**

- Reception begins at 6:00PM
- Dinner to follow at 7:00PM
- Kellogg Hotel and Conference Center
  - East Lansing, MI

Lisa B. Marshall is a professional development consultant and the host of the Public Speaker podcast which has earned over 10 million downloads. Her clients include Johns Hopkins Medicine, Harvard University, New York Academy of Science, University of Pennsylvania, Genentech, and Roche among many others and her work has been featured in CBS Money Watch, Ragan.com, Woman's Day, and Cosmopolitan. She's author of *Smart Talk, Ace Your Interview*, and *Powerful Presenter*, and *Expert Presenter*.

**Registration is required**

Bring a friend and receive 20% off both registrations

womeninstem.msu.edu

**Registration Deadline: October 1, 2013**

This event is generously sponsored in part by the MSU Alumni Association

This event is part of the MSU Women in STEM conference on Friday, October 18, 2013 which features presentations and breakout sessions that focus on professional development and leadership. **ALL MSU ALUMNAE, FACULTY & STAFF, AND FRIENDS ARE WELCOME TO ATTEND.**

For a complete conference agenda, go to: womeninstem.msu.edu

**Questions? Contact Elizabeth Wheeler at szufnar@msu.edu or 517-884-0290**

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**GLFSA Annual Welcome Picnic**

**Thursday, September 12, 2013**

- 5:00—8:00PM
- Hawk Island Park
- 1601 E. Cavanaugh Road, Lansing, MI
- Kestral Shelter
  - (nearest pavilion to playground)

Please bring a dish to pass and your preferred non-alcoholic beverage.

**RSVP to:** GLFSA@msu.edu so plans can be made accordingly.
Post-Perfectionist Teaching: Wholehearted Presence in the Classroom

Thursday, October 3, 2013
12:15PM—1:15PM
MSU Union—Tower Room (4th Floor)

As we begin a new semester, we are full of energy, enthusiasm and hope for our semester ahead with our new students. Join us for a "brown bag" lunch-and-learn presentation with Julica Hermann, certified Life Coach, and reinforce your commitment to a transformative and welcoming classroom experience—for both your students and yourself.

This presentation is inspired by Parker Palmer’s The Courage to Teach and Paulo Freire’s critical pedagogy approach. We will explore ways in which perfectionism and shame keep us from a wholehearted presence in the classroom, and how we can encourage a deeper and more meaningful connection with students. Drawing on practical and spiritual approaches, and the work of Dr. Brené Brown and Dr. Martha Beck, this presentation will offer a calming and grounding space from which to remember our deepest commitments to teaching and learning together.

Julica Hermann is a Martha Beck Certified Life Coach. She has been coaching individuals and groups in central and southeast Michigan since 2003, and she has worked long-distance with clients across the country, in Mexico and Europe. Julica inspires her clients to live a wholehearted, post-perfectionist life where they embrace themselves and the present moment. She is fierce and nurturing in her coaching style—she attributes this to the fact that she has an eight- and a four-year old at home that keep her on her toes. In addition to the Martha Beck certification, Julica completed an ICF-accredited coach training program through CoachVille, where she also taught the Inner Freedom Method. She holds two masters degrees, in Sociology and Social Work, from the University of Michigan.

In order to truly create a safe and wholehearted environment, this presentation is specifically focused for faculty and academic staff members.

FREE program sponsored by the MSU Women's Resource Center
RSVP to: wrc@msu.edu with "Faculty" in the subject line or phone (517) 353-1635 by Monday, September 30, 2013.

Advancing gender equity through education and access to resources!

Gender Matters!

Accommodations for persons with disabilities may be requested by contacting the WRC at (517) 353-1635. Requests will be honored whenever possible.